



the VOICE

April 2024

Growing Together in Christ to Love and Serve All People

What's Inside...

- Calendar 18
- Congregation Council
..... 12-13, 19
- Discipleship / Children /
Youth and Family
Ministries 4-6
- Fellowship 6-8
- Health and Wholeness.... 10
- JEDI 9
- Lent and Easter 2
- Ministry Team 19
- Northwest Washington
Synod.....11
- Outreach and Servant
Ministries 14-17
- Pastoral Acts.....19
- Serving Our Community . 19
- Snippets of Gratitude 9
- Worship and
Liturgical Arts 3

Sowing Seeds

They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers... All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need.

Acts 2:42-47 paraphrased

Four years ago, at this time, we had just gone into quarantine. We were advised to leave our homes only when necessary, so we learned to do things differently. In-person activities, from grocery shopping to checking in on each other, meant wearing a mask and keeping socially distanced.

At church, we learned how to navigate worship, Bible study, fellowship, and meetings online. Our scripture readings came to life in ways that they hadn't before. Everything was unexpectedly new.

That newness continued as things opened back up and we discovered that "normal" as we once knew it was gone and would not come back. In many ways, we are still discovering how much life has changed in the wake of the pandemic.

Our experience isn't unlike the disciples learning how to live without Jesus at their side. For them, life changed when Christ was arrested and then crucified. And it changed even more three days later when he rose from the dead.


The disciples' faith and trust in Jesus held them together as a community and sowed the seeds of the early church. Those seeds were sown through the centuries, and are still being sown today. The fruit that they yield is made visible in our lives and we, in turn, sow more seeds for future generations.

From these seeds, new life springs forth – sometimes unexpectedly. One of the many things that the pandemic revealed is how much the church has changed, and the ways God is working through those changes in and among us.

Two years ago, we began having conversations with our sibling ELCA congregations in the East King County Cluster to discern how we might collaborate and partner together in ministry. Since then, collaborations have been happening in a variety of ways such as the Tiny Home Build last summer, game nights, and a pulpit exchange (more of those are coming soon!)

The momentum toward partnership has been increasing, and we are now in conversation with St. Luke's Lutheran Church and Cross of Christ Lutheran Church to determine how we might unite as one organization while retaining our individual identities. For details on the most recent conversation, I invite you to read Carolyn Ferris' President's Corner on page 12.

These conversations, these partnerships, are revealing the seeds that we are each sowing for the sake of the gospel and the abundance of fruit that can spring forth from them if we work together. As we navigate the possibilities before us, may we trust that God is at work in the new life that will come from them.

With peace,
Pastor Lara 

Sunday Worship

10:00 am

In-person
and Livestream

Masks are optional for
in-person worship.
Visit salc.church/media
for livestream worship.



Lent and Easter

Worship is at **10:00 am** on Sundays, both **in-person** and via **livestream**.

- Livestream: Visit salc.church/media to access the livestream on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Worship Texts

March 24

Palm Sunday

Mark 11:1-11; 14:3-9
Psalm 118:25-29

March 28

Maundy Thursday

Mark 14:22-42
Psalm 116:12-19

March 29

Good Friday

John 18-19

March 31

Resurrection of Our Lord Easter Day

Mark 16:1-8
Psalm 118:21-27

April 7

Acts 1:1-14
Mark 6:7-13

April 14

Acts 3:1-10
Mark 6:53-56

April 21

Acts 17:1-9
1 Thessalonians 1:1-10
Mark 13:9-11

April 28

Acts 18:1-4
1 Corinthians 1:10-18
Mark 9:34-35

Worship Videos and Sermon Notes and Recordings of past services can be found at SALC.church/sermons



Music Rehearsal Times

Chancel Choir
Thursdays, 7:00 pm

Holy Week and Easter

all services are in-person and livestreamed



Palm Sunday... March 24

Discipleship Hour | **9:00 am**
Worship with Holy Communion | **10:00 am**



Maundy Thursday... March 28

Worship with Holy Communion | **7:30 pm**



Good Friday... March 29

Worship | **7:30 pm**




Resurrection of Our Lord, Easter Day... March 31

Worship with Holy Communion | **10:00 am**

Enjoy coffee cake and fellowship before and/or after worship!

Coloring Poster in Lent

Children, youth, and children at heart are invited to participate in a community coloring poster during the season of Lent. This oversized coloring poster is found in Fellowship Hall and is available for all to participate in throughout the season of Lent. Come, color, and have some fun. 

Prayer Partners for Lent

Continue to pray for your Prayer Partner. Praying for another person is a special time to intercede for another person. You can pray for their specific requests, their walk through Lent, for guidance and faithfulness, or for health and wholeness. Optionally, you can send them encouraging cards and notes.

We will have a Prayer Partner Reveal at the Adult Discipleship Forum on Sunday, **April 7**, at **9:00 am** (the Sunday after Easter.) It is always a joyous occasion to learn who has been praying for us. Those who did not have a Prayer Partner for Lent are invited to come too. Prayer is part of our faith-life; come and hear the stories about how the Holy Spirit touched us during this time of Lenten prayer.

“Be joyful in hope, patient in affliction, and faithful in prayer.” Romans 12:12



Worship and Liturgical Arts

Performing Arts Festival of the Eastside (PAFE)

The Festival!

The Performing Arts Festival of the Eastside, (PAFE), returns to Saint Andrew's in April!

Several hundred young people will be here to perform and learn in adjudicated sessions with reputable musicians.

The dates for the Festival are Tuesday-Saturday, **April 2-6**, with **5 public concerts** to follow.

- Concerto Playoff Concert | Saturday, **April 6** | **6:30 pm**
- Eastside Artists Concerts | Saturday, **April 13** | **4:00 pm** and **7:00 pm**
Sunday, **April 14** | **2:00 pm** and **5:00 pm**




Join us!

Many volunteers are needed!


Join us for 4 hours and be awed by the astounding talent of these young people!

You will also enjoy a delicious hot lunch!

Several Saint Andrew's members are deeply involved in the Festival, and many more have volunteered in the past.

To volunteer, or just to learn more about this Festival, please talk to Joyce Arnold. 

Flowers 2024

We welcome flowers in the Sanctuary on Sundays. The sign-up for 2024 is online at salc.church/flowers and on the bulletin board in the Narthex. Church staff keeps the chart in the Narthex and the online sign-up in sync, so you only need to sign up in one place. 




Healing Prayer during Communion

Healing Prayers during Holy Communion are offered on the third Sunday of the month. The next date is on Sunday, **April 21**.

Our Healing Prayer Ministers are ready to pray for your requests for healing (yourself or someone else), thanksgiving, or a stressful situation.

We have two Healing Prayer stations (kneelers), one on either side of the Sanctuary.

You will be asked if you would like to be anointed with oil at the end of the prayer. 

Communion Bread


We are always looking for **bread bakers**. If you'd like to bake Luther Bread for us to use in Communion, please contact Karin Eklof for more information.



The Luther Bread recipe and a link to sign up for a specific Sunday is online at salc.church/communion-bread.




Assisted Listening Devices for the Sanctuary

Assisted Listening devices are available to use for worship and other events held in the Sanctuary. The devices are in the Sound Booth; please ask the Sound Booth Operator if you would like to use one. 

Be a Greeter!

It's fun! You get to chat with folks as they arrive for church and most importantly, welcome people to Saint Andrew's.

We want enough volunteers so that we can greet people at both doors each Sunday.

Sign up online at salc.church/signup-greeter-coffeehost for the date(s) you wish to greet. Or, contact Fellowship Coordinator Sherry Grindeland, sherry@salc.church or 425-746-2529, to sign up for a specific Sunday. 



Discipleship: Education ~ Sundays

Sunday Discipleship Hour Forums

The coffee is ready at **8:45 am**, and Forums begin **promptly at 9:00 am in Fellowship Hall North**.

Unless otherwise noted, Forums are in-person only.

With permission of the presenter, Forums are recorded and posted online for later viewing (salc.church/discipleship-hour-adults-page). Contact Communications Specialist Susan Hegedus, susan@salc.church or 425-746-2529, with questions.

Sunday, March 24

Holy Week Preparations

What makes Holy Week “holy”? **Jean Wahlstrom** leads this Forum that reviews what all happens during this special week in the life of our Lord. Jean will include a brief history of Holy Week and how it came to be designated as such, and will have suggestions for some activities that might make these 7 days more meaningful.

Sunday, March 31 ~ Easter Sunday

Easter Coffee and Conversation

Some of Saint Andrew’s great bakers (and there are many) have volunteered to bake coffee cakes for Easter morning.

Please join us in the Fellowship Hall for coffee, tea, or hot chocolate and coffee cake at **9:00 am** and/or immediately after our **10:00 am** worship service.

Sunday, April 7

Prayer Partner Reveal

All are invited, whether or not you had a Prayer Partner for Lent. It is always a joyous occasion to learn who has been praying for us. Prayer is part of our faith-life; come and hear the stories about how the Holy Spirit touched us during this time of Lenten prayer.



Sunday, April 14

JEDI Group: Film Discussion

The JEDI Group (Justice, Equity, Diversity, Inclusion) lead a discussion of *The Barber of Little Rock: One Man’s Fight to Close the Racial Wealth Gap*. This documentary film by John Hoffman and Christine Turner follows Arlo Washington as he helps members of his community escape the hazards of banking while Black. The film is owned and copyrighted by Totoro Productions LLC.

Sundays, April 21 and April 28

Creation Care and Climate Change: Putting Faith into Action

Saint Andrew’s member **Jeff Thiel** leads this two-part Forum. The sessions focus on:

- Updates on our understanding of what is happening
- Updates on the status of solutions
- How we can do our part as households
- How we can do our part as a congregation

Jeff is an expert in the subject of climate change and is a tireless promoter of solutions to the global climate crisis.

Sunday Church School

Age 3 - Grade 5

Sundays | **9:00 am** | Room 106

Lessons follow the Narrative Lectionary - the stories that Pastor preaches and are read in church. Contact Sunday Church School Coordinator Ann Thorpe with questions.

Youth Education

Grades 6-12

Sundays | **9:00 am** | Faith and Family Center

Youth Education meets at **9:00 am** on Sundays. All youth grades 6-12 are invited to participate as we learn about the Bible and faith. This year we are focusing on the Gospel of Mark as we go through our second year of the Narrative Lectionary.

Cornerstone Ministry (Confirmation)

Grades 7-8

Sundays | **9:00 am** | Faith and Family Center

We have begun year two of Cornerstone Ministry. All youth in 7th and 8th grades are invited to participate. On Sunday mornings, youth participate in Youth Education at **9:00 am**; see the note about Youth Education for more. For more information, please contact Doug Johnson.

Easter Sunday


There are no Discipleship/Education classes on Easter Sunday, March 31

Discipleship: Education

Midweek Bible Study with Pastor Lara

Tuesdays | 10:00 am | 322/Conference Room and via Zoom

Midweek Bible Study is led by Pastor Lara. We spend time with the primary reading for the upcoming Sunday using the practice of *Lectio Divina*. This is a spiritual practice dating back centuries that allows for a deeper look at Biblical readings.

If you plan to attend and need the Zoom link, please sign up at salc.church/midweek-bible-study. 


Discipleship: Children / Youth and Family Ministries

For Youth in Grades 6-12

Youth Group ~ Scavenger Hunt!

Sunday, April 7 | 3:30pm-5:30pm

Bellevue Square

We are meeting on **April 7** at Bellevue Square, for a scavenger hunt with youth from Saint Matthew's. Time is **3:30 pm-5:30 pm**. All youth grades 6-12 are welcome to attend, and don't forget to invite a friend along! Contact Doug if you are interested in a carpool from church. Please sign-up at salc.church/event/youth-scavenger by Thursday, **April 4**. Questions, please contact Doug Johnson. 

Summer Trip 2024

August 2-11 (onsite August 5-9)

Navajo Lutheran Mission, Rock Point, Arizona


Both Outreach and Discipleship Committees are excited about an intergenerational mission trip to the Navajo Lutheran Mission in Rock Point, Arizona,! See page 6 for details and how to sign up.

Questions, contact Doug Johnson. 

For Youth in Grades 6-8

Middle School Retreat

The synod is putting together a Middle School Retreat Friday-Saturday, **April 26-27**, at First Lutheran of Richmond Beach (in Shoreline)! The theme is "**Prayer - what is it and why do we do it?**" We'll explore the theme using a variety of mediums and spend time at the beach on Saturday. This is for **grades 6-8**. The cost is \$50 per student; adults are free.

Registration began March 1. Sign up ASAP at salc.church/event/middle-school-retreat. 

For Everyone!

Family Game Night


Sunday, April 21 | 5:00 pm - 7:00 pm

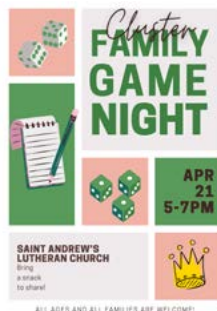
Mt. Si Lutheran Church

It was so much fun to see everyone at Mt. Si Lutheran Church in March. It was a crazy night of bunco!

This month we are hosting at Saint Andrew's on **April 21**, from **5:00 pm - 7:00 pm**. Bring a game and a snack to share. Please sign-up by Thursday, **April 18**. A light dinner will be provided. To sign up go to the following url: <https://tinyurl.com/2zv9b8pz>

We hope that you will be able to join us!

Questions, contact Doug Johnson. 



Growing Young Assessment

Thank you to everyone who participated in the Growing Young Assessment. We had 115 responses! This is absolutely incredible. To view the responses you can use the link provided below. Please keep an eye out for more opportunities to discuss the assessment with the Growing Young Team.

Thank You! The Growing Young Team - Christine Camrud, Mark Davis, Anna McLeod, Margaret Santjer, Juliet Zhang, and Doug Johnson.

Link to responses: <https://salc.church/gy-report> 

Discipleship: Children / Youth and Family Ministries

Want to Have Some Fun?

You are probably very familiar with all the events, activities, and trips that the youth do each month. If you would like to help out with any of the events for this spring, fill out the online interest form by scanning the QR Code or using the link below. Or contact Doug Johnson and he will connect you with our wonderful youth and families! Thank you for your interest and willingness to help with children, youth, and family ministries at Saint Andrew's.



<https://forms.gle/T8B9o45vEmvNDZsVA>



Happy Birthday to You!

Happy Birthday to these youth who celebrate birthdays in April!



Philip G 04/27
Samuel G 04/27
Robert K 04/29

Fellowship

Intergenerational Mission Trip 2024

August 2-11

Navajo Lutheran Mission, Rock Point, Arizona

Both Outreach and Discipleship Ministries Committees are excited about an intergenerational mission trip to the Navajo Lutheran Mission in Rock Point, Arizona!

- **Dates:** August 2-11 (traveling August 2-4 and August 9-11, on site August 5-9.)
- **Service opportunities:** Helping with the school kids (up to grade 3); tutoring; working in the library; chapel assistance; serving meals; and opportunities for manual labor.
- **Learning:** Cultural learning about the Navajo people, home visits, bible study, and devotions
- **Fun Activities:** Visit Canyon De Chelly, hike Rock Point, and (maybe) side trips on the drive!
- **Deadline to sign-up:** Sunday, March 24.

Youth under the age of 16 need a parent to accompany them.

If interested, contact Doug Johnson, doug@salc.church, or Jean Wahlstrom.

Graduates!

Are you going to graduate this May/June? We would love to honor you during our Graduate Sunday on **June 2**. If you are graduating from high school, college, or beyond, we would love to honor you during this time. Families with graduating high school seniors, keep an eye out for an email on how to share your information. Graduates/graduate families can reach out to Doug Johnson, doug@salc.church, for more information.

Even if you cannot be here on June 2, we want to recognize graduates in *the VOICE*, and note what their plans are for the next chapter of their lives. Send the information about your graduate to Doug Johnson, doug@salc.church, or Communications Specialist Susan Hegedus, susan@SALC.church, to be included in an upcoming issue of *the VOICE*.

Tuesday Morning Men

Every Tuesday | 8:30 am | via Zoom

Tuesday Morning Men meet weekly for book and bible study. Join us for an interesting conversation, prayer, and fellowship!

Bring your Bible and coffee and join us on Tuesday mornings at 8:30 am!


Contact the church office for information on joining this online gathering. All men are welcome!!



Fellowship

Spring All Church Work Day

Saturday, **March 23** | 9:00 am - 12:00 noon

Come help fix up and clean up the church for Easter! The next All Church Work Day is Saturday, **March 23, 9:00 am until 12:00 noon.** There will be lots of tasks for all skill levels and interests. It is always a great time of fellowship, and a chance to get to know Saint Andrew's members in a new setting. There will be coffee, juice, hot cocoa, and donuts. Please let Kurt Lutterman, kurt@salc.church, know if you have questions. 



Join Women's Early Book Study (WEBS) Spring Session

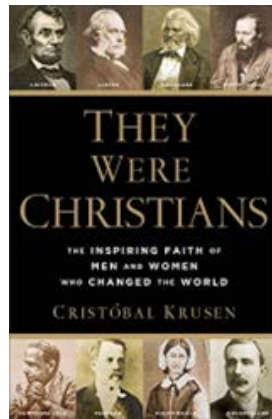
Wednesdays, **April 10 - May 22**

10:00 am - 11:30 am | Room 212 (Library) and via Zoom


Coordinator: Cheryl Jurrus

Women's Early Book Study (WEBS) will be meeting from **April 10 until May 22** on Wednesdays at 10:00 am in the Library (Room 212). We end promptly at 11:30 am.

Join us as we read and discuss the book *They Were Christians - The Inspiring Faith of Men and Women Who Changed the World* by Cristobal Krusen. We will learn how their Christian faith guided them and what they accomplished. There are 11 stories interwoven with the author's own faith story that can inspire us and help us to appreciate the Christian lifestyle. We will do more study to supplement the book as we learn about Dag Hammarskjold, Florence Nightingale, Frederick Douglas and others.




"They Were Christians reveals the faith-filled motivations behind some of the most outstanding political, scientific, and humanitarian contributions of history. From the founding of the Red Cross to the family crisis that drove America's favorite president to his knees and cracked his religious skepticism, the fascinating stories of these faithful history-makers will inspire, encourage, and entertain readers of history and biography." (Amazon)

Join us in person or on Zoom. Contact Cheryl Jurrus to send the Zoom link. We pray together as well as learn, laugh, and encourage one another in service and faith. 

Dorcas Circle Needs Boxes

Dorcas Circle needs large and extra-large shipping boxes (approximately 2 feet tall).

They will be used to ship quilts to Lutheran World Relief.

Bring boxes to church. If you need another way to get the boxes to church or if you have any questions, please contact Linda Willenberg. 

Dorcas Circle

Quilting

Dorcas Circle will meet on Tuesday, **April 9**, in *Fellowship Hall South* from 9:30 am until 12:30 pm to assemble and sew quilts for Lutheran World Relief (LWR).


Note: this is the second Tuesday of April (PAFE is using Fellowship Hall on April 2.)

All members and friends of Saint Andrew's are welcome to join us. Sewing skills not required!

Other Ways to Help

There are many other ways that you can support our mission of making quilts for Lutheran World Relief, including the following.

- **Donate double, queen, or king size flat sheets that are in good condition, without any tears, holes, or stains.**
- Cut 11-inch quilt squares at home using washable fabrics. Dorcas has a lot of fabric that you can bring home from church to cut into quilt squares.
- Lutheran World Relief does not accept quilts that have any flags or religious symbols.
- Sew quilt tops at home. Quilts need to be 60 inches by 80 inches.
- Donate crochet or embroidery thread (any color) to tie quilts.

Donations can be placed in the Dorcas basket near the elevator in the Narthex. If you have any questions please contact Linda Willenberg. 

Fellowship

Synod Assembly



Northwest Washington Synod
Evangelical Lutheran Church in America
God's work. Our hands.

The 2024 Northwest Washington Synod Assembly will be held on Saturday, **May 18**, at Grace Lutheran Church in Des Moines under the theme *"We Lift Our Eyes to see God, our neighbor, and where God is calling us."* (Psalm 121). It is a one-day event, held from **9:00 am - 4:00 pm**, that will include worship, reports from our synod and churchwide leaders, elections, resolutions, and ministry anniversary celebrations.

This year, Saint Andrew's is allotted (5) lay voting members: (2) female, (1) male, (1) youth (not yet 18 years old by date of assembly), and (1) young adult (age 18-30 at time of assembly). If you are interested in representing our congregation at this event, please contact Pastor Lara, pastor@salc.church or 425-746-2529, by Sunday, **April 7**. She will register our attendees as a group.



Older Wiser Lutheran Saints (OWLS)

Tuesday, **April 16** | **11:45 am** |
Fellowship Hall North



Emergencies Bring Out the Best People

Lunch with the OWLS (Older, Wiser Lutheran Saints) on Tuesday, **April 16**, and learn what it takes to be an EMT.

Erin Wallace, a friend of Pastor Lara Forbes, works as an emergency medical technician in Seattle. She will explain the difference between EMTs and paramedics and share how she got into this field.

We gather at **11:45 am** and dine at noon. If able, please pitch in a dish for the potluck lunch

For more information, contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or sherry@salc.church.



Women's Spring Luncheon

The women of **Cross of Christ** Lutheran Church wish to invite the women of **Saint Andrew's** Lutheran Church and **Sammamish Hills** Lutheran Church to its

WOMEN'S SPRING LUNCHEON

on

SATURDAY, APRIL 13, 2024

at

11:30 AM

Doors open at 11:00 AM

Program is Grandma Moses as portrayed by Debbie Dimitre

Theme: **IT'S NEVER TOO LATE!**

Free Will Offering goes to Friends of Youth

Please RSVP by **April 1** to

Gail D'Alessio

through Cross of Christ, 425-746-7300 include number of guests and diet restrictions

Cross of Christ Lutheran Church

411 156th Avenue NE

Bellevue, WA 98007

425-746-7300



Devotional Books

We have received the *Christ in Our Home* and *The Word in Season* booklets for April/May/June. Pick them up in the Narthex whenever the building is open, or contact the church office, info@salc.church or 425-746-2529, if you would like a copy of either or both booklets mailed to you.



Memorial Garden Vases

Saint Andrew's has vases available for use in our Memorial Garden.

The plastic vases are stored in a waterproof tub just behind the Columbarium wall. The vases have a stake on them, and can be pushed into the rocks or dirt in front of the engravings on the wall. The vases can hold a few flowers, a small bunch, or flags.

Once the flowers have passed their prime, they will be removed and the vase returned to the tub for its next use.

Contact Facilities Manager Kurt Lutterman, 425-746-2529 or kurt@SALC.church, for more information.

JEDI (Justice, Equity, Diversity, and Inclusion) Group

Did You Know..... April is Arab American Heritage Month!

April is Arab American Heritage Month!

In 2022, President Biden became the first U.S. President to declare April as Arab American Heritage Month. Notable Arab Americans include cofounder of Apple Inc. Steve Jobs; football star Doug Flutie; Candy Lightner, creator of Mothers Against Drunk Driving; singer, dancer, and choreographer Paula Abdul; Dr. Mona Hanna-Attisha, the whistleblower of the Flint Water Crisis; and political leader Dina Habib Powell. The United States is home to more than 3.5 million Arab Americans representing a diverse array of backgrounds, cultures and traditions.

The Smithsonian's National Museum of American History has a collection of oral histories, archival materials, and artifacts dedicated to sharing the story of Arab American immigrants from Syria and Lebanon. You can learn more about this collection by visiting the link <https://www.si.edu/spotlight/arab-american>



Snippets of Gratitude

Thank You OWLS!

The Older, Wiser Lutheran Saints lunch crowd packed 360 meals for preschoolers on March 19.

The food is distributed to needy preschoolers in the Bellevue School District each Friday.

Saint Andrew's includes the group, Backpack Meals for Kids, in it's Outreach efforts.



Thank You Acolytes!

We recognized our Acolytes and installed the 2024 Officers, Sonja Wetmore and Zoe Elien, during worship on March 17. Thank you to all our acolytes who serve faithfully and with reverence!



A Few Recent Photos



Birthday fellowship!



Lantern Hill Luncheon



Women's Retreat



Youth Group

Health and Wholeness

Burn Prevention

by Cheryl Jurrus and Jay Baxter

Burns can affect how we move, look, and feel about ourselves. These injuries can happen in seconds, but recovery can take weeks, months, or years. Do not be afraid to call 911. “Each year, 500,000 people seek medical treatment for burn injuries in the U.S., and an estimated 72% of burns occur at home, according to the ABA (American Burn Association).”

Preventing burns while cooking:

- Turn pot handles *in* when cooking at the stove.
- Cook on the *back* burners of the stove when possible.
- When frying, use a pot lid or splash guard to prevent grease splatter.
- Do not leave food cooking unattended on the stove, unless you are *sure* it is safe.
- Wear short sleeves or tight-fitting clothes when cooking at the stove.
- Keep the stovetop clear of paper, towels, and anything that can burn.
- If a grease fire occurs:
 - Turn off the stove, and smother the fire with a lid.
 - Do not move the pan or lid, leave it in place.
 - Never use water to put out a grease fire.
- If an oven fire occurs, turn off the oven and close the door.
- Do not use a stove or oven to heat your home!



Preventing burns around the house:

- ★ Set the water heater temperature on the hot water heater to a maximum of 120F.
- ★ Place candles on a solid surface and never leave them unattended (or use battery candles).
- ★ Keep young children away from the stove, oven, and BBQ.
- ★ Place plastic plug covers on unused electrical outlets.

The Health and Wholeness Ministry Committee is submitting this article because we hope it will help our church family make wise decisions and be safe!

“Hold on to instruction, do not let it go; guard it well, for it is your life.” Proverbs 4:13



Personal Care Kits Outreach Continues through April

Throughout Lent, the Health and Wholeness Ministry Committee has been collecting articles to be put into Personal Care Kits for Lutheran World Relief (LWR). The kits are sent to areas of the world where emergency supplies are needed.



You can help fill these kits by donating the items listed below. The kits will be assembled and shipped to LWR at the end of April, so items donated by **April 28** will be included. Please place all items in the designated basket near the elevator in the Narthex.

- **Combs**, large sturdy (no pick combs)
- **Metal nail clippers**
- **Soap**, 4-5 ounce bars in original packaging
- **Toothbrushes**, adult size
- **Bath towels**, 20”x40” – 27”x52”, light weight, dark colors



KnitWits

Saint Andrew’s KnitWits (Knitting as Witnesses) is a fellowship group whose primary mission is to provide items of comfort that are knit or crocheted. Their on-going projects include prayer shawls, baptismal blankets, lapghans, baby blankets, baby booties, chemo caps, hats, wash cloths, sweaters, and scarves. The work of the KnitWits’ hands keeps many people warm and reminds them that someone cares.

The KnitWits meet **in-person** on the third Sunday of each month following worship. The next meeting is Sunday, **April 21**, at **11:15 am** in the *Conference Room*. All are welcome! Contact KnitWits coordinator Dianne Chong for more information. 



Northwest Washington Synod

From Bishop Shelley Bryan Wee

Published in *The Spirit*, March 2024 edition

In fifth grade, I started playing trumpet. This wasn't the instrument that I chose – it was chosen for me because my aunt had an old trumpet and my mom said, "If you want to be in band, you can use this trumpet." But even though I wanted to play the flute, the trumpet was definitely the instrument for me. I loved playing trumpet. I loved the sound, the way to make different notes with just three valves, using different mutes that produced complexity of tone. I loved to polish and clean my trumpet – especially when I received a new silver trumpet in high school. The only thing I didn't like was carrying it to and from school because of the big hill that we lived on.



In high school I was in both band and jazz band. In jazz band we traveled to many competitions – winning the Reno Jazz Festival one year. When I look back on my experience in band, I realize that there are so many things that I continue to apply in my life, and as part of the body of Christ, that go back to being in band.

First, you can't be a band on your own. If you play a solo instrument, that is lovely. But that isn't a band. There needs to be a group to form a band – it can be small or large – but an agreement that you are engaging with one another and playing music with one another leads to forming a band. If you are using music, the same music is important – also the same key and the same beats per measure helps. An agreement on how fast or slow the tempo is important. In short, community is needed for a band.


Second, you can't all play the same instrument. I mean, I love the trumpet – but a band of trumpets is one-dimensional (and can be very loud). I admit that as much as I love brass, you need more than brass to form a band. We have all heard brass quartets – but for a band, you need the saxophone, the piccolo, the clarinet, the drum, and so much more. Diversity is needed in a band.

Third, you can't drown out others. I speak as one who plays trumpet. Trumpets know how to be loud. And if trumpeters are not careful, they will hide the beauty of the other instruments. There is nothing more gorgeous than notes from an oboe coming from seemingly nowhere to fill the air with that wistful, haunting sound. In other words, listen for the woodwinds. A variety of sounds and voices are needed in a band – especially those that are more hidden.

Fourth, harmony doesn't mean the same note. It would be boring if every single instrument played the very same note for every song in a band's repertoire. Our ears are tuned to hear melody, harmony, dissonance, and resolution. In a band, it is imperative that different notes are played – different rhythm patterns are introduced, and a play amongst the instruments happens. Harmony and dissonance are needed in a band.

Dear people of God, these four things are also needed in the church and in the world: Community, diversity, variety of sound and voice, harmony and dissonance. I invite you to think about your worshiping community. How are we all like a band? How can we be more intentional in these four areas?

Our composer and maestro is God – God is directing and leading us – in the music we co-create. May this spring awaken you in the beauty and grace of God. May the community in which you gather bring music in all its fullness.

Bishop Shelley Bryan Wee | bishop@lutheransnw.org 

Resources and Prayer Messages from the Synod

Other resources include:

- Weekly updates and prayer messages and monthly newsletters: <https://www.lutheransnw.org/news>
You can also opt to have this weekly update emailed to you.
- Podcasts offered by individuals and congregations: <https://www.lutheransnw.org/resources/podcasts>
- Devotions for individuals and congregations: <https://www.lutheransnw.org/resources/devotions-worship>




Synod Staffing Announcement

From the Northwest Washington Synod:

In gratefulness for his ministry, we are announcing that Reverend Herb Shao is concluding his time as one of our Directors for Evangelical Mission in the Northwest Washington Synod at the end of March.

We give thanks for the many gifts Herb has shared with our staff, our synod, and throughout the church. His wisdom, enthusiasm, integrity, compassion, and courage have inspired us - and we give thanks to God for him.

We hold him in prayer as he discerns his next faithful steps - and look forward to partnering in ministry in new ways. 

Congregation Council

President's Corner

from Carolynn Ferris, Congregation Council President

Cluster Church Collaboration - Bellevue Steering Committee

As you likely know, for the past year or two we have been exploring ideas on how we might work more collaboratively with the churches in our Cluster. The goal is to increase our missional impact and better steward our resources. (As a reminder, Cluster churches include Saint Andrew's, Cross of Christ, Saint Luke's, Our Savior, Sammamish Hills, and Mount Si Lutheran Churches). There has been much progress – joint youth events are taking place regularly, the pastors will soon be sharing pulpit duty within the Cluster, and Vacation Bible School will be run collectively this summer.

We recognized that there is an opportunity to move things forward even more effectively if the three Bellevue churches were to be more intentional about working together as one. Saint Andrew's, Cross of Christ and Saint Luke's are relatively close to one another, and the clergy and lay leadership are on board to explore bold ideas to see where God may be leading us in this effort. Therefore, we formed a "Bellevue Churches Steering Committee" to discern what a new future might look like.

We held our first meeting of the Steering Committee on Saturday, March 9. We had representation from each Bellevue church consisting of the pastor, president, and at least two additional lay leaders. In addition, two coaches from the Synod joined us to help guide us in our deliberations and foster healthy dialogue.

Tom Getzinger and **Jean Wahlstrom** volunteered to participate on the Steering Committee on behalf of Saint Andrew's. I am very grateful for their wisdom and commitment to this effort.

We started our time together in this meeting getting grounded in scripture. Pastor Mark Griffith (Saint Luke's) shared the story of Jesus feeding the crowd of 5,000 followers having nothing more than seven loaves of bread and a few small fish. It was a powerful reminder of how God creates abundance out of very little. We also reflected on a passage in Acts where the apostles gave up their possessions to feed the poor and to support one another in their mission to spread the gospel. We immediately grasped the significance of giving up what we consider belongs to us to create something even more impactful.

As we shared our dreams and visions for what might be possible, we came to realize that what we wanted was to come together as one body, unified in our faith and commitment to serve our community. There is no intention to merge or close any of the congregations. We want to create something altogether new – an inclusive faith community that shares resources, talents and gifts while recognizing the unique identities and local connections of each parish. In this vision, Pastors would be based in their "home" church but serve the larger faith community as a team. We would work collectively to be more impactful in all areas of our ministry. Each location may be the focal point for their areas of strength but still be a part of a larger faith confederation.

After much discernment, we developed three primary work streams to move us forward in the coming months:

- 1) **Governance:** If the idea of creating a new, unified faith community is to happen, we need to construct a model that reflects our vision. We need to develop a governance structure whereby elected lay leaders can provide leadership for the larger faith community while ensuring the needs of the individual parishes are met. We will also need to come up with a new Constitution that will align with the new entity.
- 2) **Finances and Staffing:** Another group will be looking at what opportunities could be generated if we consider combining our financial and staffing resources. If we pool our funding and staffing talent, we believe we can amplify our missional reach and have an even greater impact in our communities – how better to make visible the love of God.
- 3) **Mission Engagement:** This effort will be focused on in-reach and outreach. We hope to provide opportunities for members from all of the congregations within the larger faith community to come together in fellowship, worship, and service. And think about what we could accomplish if we worked in unison to support our community partners!

Due to a few pending decisions that need to be made within the Cluster in the relative near term, we have given ourselves a window of approximately six to eight months to craft a model of what might be created with the three Bellevue churches while setting up the potential to expand within the entire Cluster. At the end of this window of time, we hope to be able to have congregations decide whether it is a "Go or No Go" on moving forward.

As we pursue this work, we will pull in others who have expertise, passion, and a willingness to dream. If you are interested in learning more about our collaboration efforts or have something you would like to share or contribute, please do reach out to Pastor Lara, myself, Tom Getzinger, or Jean Wahlstrom.

Please pray for us. Ask God to guide our deliberations and open our eyes to where He is taking us. Ask for inspiration and strength; courage and perseverance; wisdom and steadfast love.

Sanctuary Responsibilities

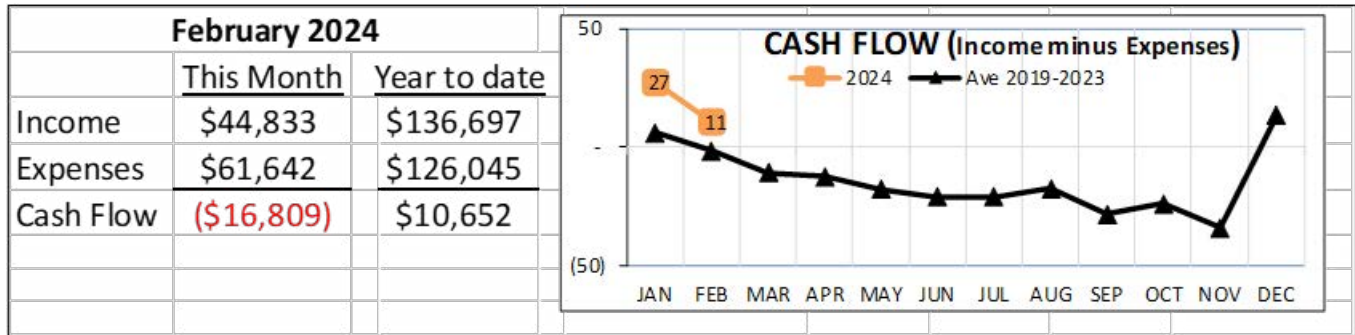
Council approved amending Continuing Resolutions in our Constitution clarifying that both the Worship and Liturgical Arts and Building and Property Committees share responsibilities for the Sanctuary.

Yours in Christ, Carolynn Ferris 

Congregation Council

Treasurer Note\$

from Bill Brueggemann, Congregation Treasurer



Comments

- **Income:** Income of \$44.8K was less than budget, but comparable to last year.
- **Expenses:** Expenses continue to be below the budgeted amount.
- **Cash flow:** Cash flow was negative (expenses higher than income) for February by (\$16.8K). Cash flow for the year is still positive \$10.6K due to very good income in January.

You may contribute in many ways:

- Ask your bank to automatically send a check periodically to Saint Andrew's.
- Donate from your bank account or credit card by going to salc.church/giving-options and selecting the "Tithe.ly Online Giving" button. NOTE: a processing fee is charged for electronic transactions (the church will pay this or you can opt to cover the fee.)
- Mail or drop off cash or checks to the church.
- On Sundays, you can drop cash or checks into the offering plate.
- Transfer shares of stock or required IRA distributions. Please contact Bill Brueggemann for the necessary forms.

Please contact me at bill@salc.church if you have any questions. 📧

Congregation Council

At the March 11 Congregation Council Meeting....

Pastor Lara led a "Dwelling in the Word" devotion on Luke 10:1-11.

PresidentCarolynn Ferris' Report: See President Carolynn Ferris' "President's Corner" report on page 12.

The Council will host Lenten Dinner Church on March 20.

The Council approved Continuing Resolutions amendments in the Saint Andrew's Constitution for the Worship and Liturgical Arts and Building and Property Committees, clarifying that both share responsibilities for the Sanctuary.

Pastor Lara Forbes' Report:

- Pastor Lara noted that Synod Assembly is May 18. Saint Andrew's is allotted five (5) voting members. Pastor invited anyone who is interested in attending to contact her.
- Pastor shared that the Lenten Dinner Church gatherings are going well.

Bellevue Churches Steering Committee: The Council discussed the report from the March 9 Steering Committee gathering.

Finance: See Treasurer Bill Brueggemann's "Treasurer Notes" on page 13.

Financial Policies:

- Revisions to Financial Policies were approved by the Council.
- Goals of the revisions include: to remove responsibilities from pastor, eliminate detail and specificity. The Finance Committee is also working on a detailed processes document.

Packets containing minutes from Council meetings and reports from all committees are available to review in the church office and by request. Contact the church office, info@salc.church or 425-746-2529. 📧

Outreach and Servant Ministries

Our Core Ministries....

Core Outreach Ministries of Saint Andrew's are specific areas of ministry which congregation members are most involved in with various resources, including time, expertise, and financial resources. Our *Core Outreach Ministries* are:

- ~ Affordable Housing/Homelessness
- ~ Food Security
- ~ Christian Education non-profits
- ~ Local Ministries
- ~ Global Missions



The Sophia Way

A quote from a resident:

“You (The Sophia Way) have been my pillow of support when nobody else heard my cries.”

We at Saint Andrew's support The Sophia Way, too, in many ways, and especially:

Lunchtime!

Each time we provide a lunch, we are not only supporting the ladies who temporarily live in the Sophia's Place shelter, but also providing a hot lunch for other ladies who visit the Shelter seeking help.

We will be donating a lunch for the ladies again on Tuesday, **March 26**, (to be served on **March 27**.)

Please contact Joyce Arnold if you can contribute food for the lunch and/or to learn more about The Sophia Way.



Collection Emphasis for Hopelink

~ April

Hopelink has asked us to collect items for people with **dietary restrictions** for April. They have many vegan, halal, kosher, gluten-free, and nut-free or peanut free clients. Suggested items include **vegan and vegetarian soups** (Amy's brand for example), **gluten-free pasta**, **sunflower butter**, **almond butter**, **canned salmon/fish**, and **any allergen-free product**.

Bring all donations, including paper bags, to the Corner of Blessing in the Narthex.



Imagine Housing

Building Community Together

B*uilding Community Together*, Imagine Housing's signature and *only* fundraising event in 2024, will be on Friday, **April 19**, at the Hyatt Regency Bellevue.

Enjoy a reception and social hour with appetizers, cocktails and mocktails, photo booth, silent auction, and a journey behind the scenes at Imagine Housing. Then continue the journey into the ballroom with gourmet dinner, live auction, and program.

Tickets are available at: imaginehousing.org/BCT



We Love Your Outreach Donations!

Thank you for all your wonderful donations to our outreach partners such as Compass Housing Alliance, Lutheran World Relief, Porchlight (formerly Congregations for the Homeless), Hopelink, KidVantage, and The Sophia Way.

Please double-check what these groups need before bringing items to church. (The needs are published in our bulletins, newsletter, and weekly emails.)

For instance, no one currently needs empty prescription bottles.

Needs change so if your item isn't listed, please contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or sherry@salc.church, before bringing it to church.

Outreach and Servant Ministries

Ministry of the Month for April ~ KidVantage

Generous God, we thank you for all that you provide to meet the needs of all your people. We thank you for the staff and volunteers at KidVantage who help the children in need in our community grow healthy both mentally and physically. Bless and sustain their work. Strengthen our partnership with KidVantage to support their mission. Watch over and protect the families that turn to KidVantage to be able to nourish their babies and provide for their children, keeping them warm, dry, and active. In Jesus name we pray, Amen.



Who is KidVantage (formerly known as Eastside Baby Corner):

KidVantage helps children have what they need to grow, play, learn and thrive. They do this by providing essential care, safety and health goods for children who are experiencing the stresses of economic insecurity, systemic inequities, or family disruption.

Over the last couple of years, KidVantage has seen a significant increase in the number of households depending on them to provide basic needs to ensure healthy happy children. These items include free diapers/wipes, formula, clothing, car seats, household goods (sheets/towels/blankets), school supplies, and enrichment through toys, books, and crafts. Diapers are so expensive for some families that they resort to hanging disposable diapers on the clothesline to reuse them.

Current opportunities to support KidVantage:

You can donate new or gently used items such as clothing, toys, coats, books, etc. at their Issaquah hub. For information go to <https://kidvantagenw.org/donate-goods/>

You can contribute financially by going online to the KidVantage website www.kidvantagenw.org or [with a check to Saint Andrew's with KidVantage on the memo line.](#)

[Get ready for KidVantage's 10th annual Diaper Derby in May.](#)

Opportunities coming up to support KidVantage:

- During May Saint Andrew's will participate in the 10th annual Diaper Derby. You can donate diapers and wipes through the Corner of Blessing. They will be delivered to KidVantage at the end of the derby. You can also support the Diaper Derby with a donation on their website or with a check to Saint Andrew's with KidVantage on the memo line during the month of May. Watch for more information as we get closer to this event.
- In July, you can support KidVantage through our Christmas in July celebration. Watch for more information as we get closer to this event.

How Saint Andrew's and its members are involved in supporting KidVantage:

Saint Andrew's currently supports KidVantage in a number of ways in addition to those mentioned above:

- Saint Andrew's contributes money through the outreach portion of our budget. For 2024 this is \$2,200.
- The Love Tree during the holidays supports KidVantage with requests for new or gently used clothing, coats, and new toys for the holiday bags.
- Saint Andrew's had a congregation volunteer event at KidVantage in early December 2023. We plan to do it again in 2024.
- Members can contribute their time by volunteering or becoming a core volunteer at the Issaquah Hub! Two of our members are weekly volunteers.

Some Background on KidVantage:

KidVantage, formerly called Eastside Baby Corner, was founded in 1990 by Karen Ridlon. Her background as a pediatric nurse practitioner gave her insight into what kids need for healthy development and what families need to care for their children. With a broken playpen, a few other donated items, grit, determination, and a community network, Karen started KidVantage. Over the past 31 years, KidVantage has grown from Karen's dining room to three locations in King and Kitsap counties.

More than 80 school districts, health and human service organizations, early learning centers, and food banks are in the KidVantage collaborative network.

Kids, ages birth through 12, get shoes, diapers, formula, blankets, coats, toys and much more from KidVantage and service partners. KidVantage also provides for expectant and postpartum mothers, supplying maternity wear, personal care goods, and mother-infant support items. Kids are warm, healthy, safe and better prepared to fulfill their own potential.




Outreach and Servant Ministries

MaaSAE Girls Lutheran Secondary School (MGLSS), Tanzania



We continue to provide scholarship support for **Witness Edward Kivuyo** for her third and final year at City College Kigamboni as she pursues a Diploma in Pharmaceutical Science. OBA has also sent more information about **Catherine**, our second scholarship student. Catherine has begun her first year of three, studying for a B. A. in Diplomacy and Foreign Relations at the Center for Foreign Relations. Please pray for them during this stressful time.

Also, Operation Bootstrap Africa (OBA) staff member **Briana Engh** visited MGLSS campus in February to participate in the new **Pre-Form Five program**. It is a 10-month program between Form 4 and Form 5, a time when these students are at risk for pregnancy or early marriage which usually stops their educational journey. The course focuses on life skills such as cooking, tailoring, and computer skills. Briana added interviewing skills to their experience while she was there. A total of **53 students** are participating.

Visit <https://bootstrapafrica.org/> to learn more about Operation Bootstrap-Africa and its work. If you have questions, contact Jean Wahlstrom. 

Post-MGLSS Student

Meet Catherine Malaki

Catherine Malaki is receiving scholarship funds from Saint Andrew's to continue her post-MGLSS education.

Catherine is age 20. Her hometown Village is NSHUPU-MERU, east of Arusha. For Primary School, she went to LOIBORSOIT. Catherine's parents are peasants (subsistence farming.) Catherine is the first-born of her parents with three younger sisters. Her favorite subject is history and her future career is to become a diplomat. Catherine's favorite food is banana stew. Her chores at home are helping in the farm, cooking, cleaning, fetching water, and laundering.



Dear Saint Andrew's,

Hello! how are you? Back to my side, I'm fine. My name is Catherine Malaki Sumari. I'm 20 years old. Firstly, I would like say thank you for sponsoring, believing me and deciding to help me on achieving my goals. May Almighty God at heaven blesses you and your family.

In 2016, I've been able to start pre form one at Maasae Girls Lutheran secondary school till 2023 I've able to graduate there. After that, I've engaged in short course of military service which is known as National building army(JKT) in Tanzania for three months which helped me to be more courageous and hardworking person. After that, I've been selected at Dr.Salim Ahmed Salim Centre for foreign relations, I'm taking bachelor of international relations and diplomacy. I've chosen this course because it was my dream to become a good diplomat who can ensure good relations and run smooth negotiations between countries or organisations.

I promise to focus and work hard in my studies and never let you down by any means.

May Almighty Father at heaven bless you and pass my greetings to your family and friends have a nice moment and happy Easter.

Your sincerely,

Catherine Malaki Sumari



Outreach and Servant Ministries

Lantern Hill, Mexico

by Shana Nielsen

"I will give thanks to the Lord with my whole heart; I will tell of all of your wonderful deeds." ~ Psalm 9:1



Reviewing the events from February 25, I am truly humbled by the generosity of our congregation. Together, we raised over \$5000.00 for Lantern Hill, and I assure you, your financial support will make such a difference for the program whose mission is to **Break the cycle of poverty through education, nutrition and care.** The events of the day would not have been so successful without the help from the following people. Special thanks to Jean Wahlstrom for her help, guidance, support, and the donation of the beautiful Mexican pottery from her sister's estate that we auctioned off at the luncheon. To Kit Bowerman for sharing his amazing skills as an auctioneer~ his ability to engage all of us added so much fun and joy! To Susan Hegedus, Sherry Grindeland, and Marv Kananen; you provided insight and your time in the moments I needed both, and for your support, I could not be more thankful. To Joan Tweten, my gratitude for your help with clean up in the kitchen following the luncheon. To Dr. Will Simpson, Sharon Gurtel, and Mayolo Piñeda: thank you for the beautiful Spanish music during the church service. To our Outreach and Servant Ministries Committee and Dick Szabo; thank you so much for your unwavering support not only in preparation of this event, but throughout the year. Lastly, to the kind and generous anonymous donor who provided the delicious lunch; that was such a benevolent gift. To Everyone for your kindness; your financial gifts will make such a difference for the children of Linterna del Camino~ Thank You! Thank You! Thank You!

For more information about Lantern Hill or for information about donating, see us on Facebook at either Lantern Hill or Friends of Lantern Hill, Instagram at Friends of Lantern Hill, or connect with Shana Nielsen.

www.friendsoflanternhill.org

<https://www.facebook.com/FriendsofLanternHill>

<https://www.facebook.com/lantern.hill.7>




Kafika House Tanzania

Travel with a Purpose Opportunity

June 22 - July 6, 2024

All are invited (families especially) to consider this experiential, educational mission travel opportunity. KAFIKA HOUSE is one of our global mission projects, one we share with Cross of Christ Lutheran.

Visit <https://mailchi.mp/kafikahouse.org/join-our-immersion-trip?e=f00c363445> if you are interested or contact Jean Wahlstrom.

Learn more at kafikahouse.org and friendsofkafikahouse.org. If you have questions, contact Jean Wahlstrom. 



KAFIKA HOUSE


Transforming childhood

Navajo Evangelical Lutheran Mission (NELM)

The mission school continues to teach 20 students in Grades K – 3, utilizing three new fifteen passenger Ford transit vans, arriving in December. Now they need your extra help to pay for them.

Their food bank continues to serve more than 2000 families and distributed more than 400,000 pounds of food in 2023. The Hozho Café daily serves an average of 70 meals. The water well distributes more than 10,000 gallons of water per week.

For the first time in their seventy-year history, they are training their own faith leaders called **Wisdom Keepers.** They have attended theological classes and other training courses for the last two years and were installed as pastoral leaders at House of Prayer Lutheran by the Grand Canyon Bishop. In addition to this role, **Patterson Yazzie** is now the first Navajo Executive Director. We praise and thank God for these gifted leaders. **Pray for them** as they carry a heavy load in serving the needs of the Navajo communities. For many families in a 60-mile radius, they are the only organization providing basic essentials.

Please continue to pray for the people of this northern Arizona community. Visit <https://www.nelm.org> for further information, to donate, and to sign up for their regular newsletter. 



April 2024

For current information,
visit salc.church/calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar - 31	Apr - 1	Apr - 2	Apr - 3	Apr - 4	Apr - 5	Apr - 6
	<p>ALL DAY SALC - Easter Monday/Office closed</p> <p>10a - 11:30a SALC - Health and Wholeness Ministry</p> <p>4p - 5p SALC - Executive Committee</p> <p>6p - 7p SALC - Finance Committee</p>	<p>8:30a - 9:30a SALC - Tuesday Morning Men</p> <p>10a - 11a SALC - Bible Study with Pastor Lara</p> <p>1p - 2p SALC - Saint Andrew's Staff Meeting : Saint Andrew's</p>		7p - 9p SALC - Choir Rehearsal	ALL DAY SALC - Office closed on Fridays	
Apr - 7	Apr - 8	Apr - 9	Apr - 10	Apr - 11	Apr - 12	Apr - 13
<p>9a - 9:45a SALC - Discipleship Hour Forum</p> <p>9a - 9:45a SALC - Youth Education (grades 6-12)</p> <p>9a - 9:45a SALC - Sunday Church School-age 3-grade 5</p> <p>10a - 11a SALC - Sunday Worship</p> <p>6p - 8p SALC - Youth Group</p>	<p>1p - 2p SALC - Saint Andrew's Staff Meeting</p> <p>7p - 9p SALC - Congregation Council Meeting</p>	<p>8:30a - 9:30a SALC - Tuesday Morning Men</p> <p>9:30a - 12:30p SALC - Dorcas Circle : Dorcas Circle (Override) with Pastor Lara</p> <p>10a - 11a SALC - Bible Study with Pastor Lara</p>	10a - 11:30a SALC - WEBS (Women's Early Book Study)	7p - 9p SALC - Choir Rehearsal	ALL DAY SALC - Office closed on Fridays	OFFSITE 11:30a - 1p SALC - Women's Spring Luncheon
Apr - 14	Apr - 15	Apr - 16	Apr - 17	Apr - 18	Apr - 19	Apr - 20
<p>9a - 9:45a SALC - Discipleship Hour Forum</p> <p>9a - 9:45a SALC - Youth Education (grades 6-12)</p> <p>9a - 9:45a SALC - Sunday Church School-age 3-grade 5</p> <p>10a - 11a SALC - Sunday Worship</p>	<p>1p - 2p SALC - Saint Andrew's Staff Meeting</p> <p>7p - 8p SALC - Discipleship Committee Meeting</p>	<p>8:30a - 9:30a SALC - Tuesday Morning Men</p> <p>10a - 11a SALC - Bible Study with Pastor Lara</p> <p>11:45a - 1:15p SALC - O.W.L.S. (Older Wiser Lutheran Saints)</p>	10a - 11:30a SALC - WEBS (Women's Early Book Study)	7p - 9p SALC - Choir Rehearsal	ALL DAY SALC - Office closed on Fridays	
Apr - 21	Apr - 22	Apr - 23	Apr - 24	Apr - 25	Apr - 26	Apr - 27
<p>9a - 9:45a SALC - Discipleship Hour Forum</p> <p>9a - 9:45a SALC - Youth Education (grades 6-12)</p> <p>9a - 9:45a SALC - Sunday Church School-age 3-grade 5</p> <p>10a - 11a SALC - Sunday Worship</p> <p>11:15a - 12:15p SALC - KnitWits (Knitting as Witnesses)</p> <p>5p - 7p SALC - Cluster Family Game Night - Saint Andrew's</p>	<p>1p - 2p SALC - Saint Andrew's Staff Meeting</p> <p>7p - 8:30p SALC - Outreach and Servant Ministries</p>	<p>8:30a - 9:30a SALC - Tuesday Morning Men</p> <p>10a - 11a SALC - Bible Study with Pastor Lara</p> <p>7p - 8p SALC - Building and Property Committee</p>	<p>10a - 11:30a SALC - WEBS (Women's Early Book Study)</p> <p>7p - 8p SALC - Racial Justice Group/JEDI</p>	7p - 9p SALC - Choir Rehearsal	ALL DAY SALC - Office closed on Fridays	2p - 5p SALC - Roger Koskela Memorial Service and Reception
Apr - 28	Apr - 29	Apr - 30	May - 1	May - 2	May - 3	May - 4
<p>9a - 9:45a SALC - Discipleship Hour Forum : Discipleship Hour Forum (Override)</p> <p>9a - 9:45a SALC - Youth Education (grades 6-12)</p> <p>9a - 9:45a SALC - Sunday Church School-age 3-grade 5</p> <p>10a - 11a SALC - Sunday Worship</p> <p>11a - 1p SALC - Meg Macrander Memorial Reception</p>	<p>1p - 2p SALC - Saint Andrew's Staff Meeting</p>	<p>8:30a - 9:30a SALC - Tuesday Morning Men</p> <p>10a - 11a SALC - Bible Study with Pastor Lara</p>				

Pastoral Acts

Baptisms

None

Weddings

None

Memorial Services

None

Committals

None

Congregation Council, Committees 2024

Committee	Council Liaison	Committee Chair
Executive	Carolynn Ferris, President Tom Getzinger, Vice President Johannes Grad, Secretary Bill Brueggemann, Treasurer Pastor Lara Forbes	
Building and Property	Kit Bowerman	John Nelson
Communications	Johannes Grad Rob Parks	
Discipleship Ministries	Aaron Davis Ann Ross-Clarke Abby Kasper, Youth Rep.	Dana Nasby
Finance	Bill Brueggemann, Treasurer Juliet Zhang	Brady Kasper
Health and Wholeness Ministry	Dave Vossler	Terri Anderson
Human Resources	Executive Committee	
Outreach and Servant Ministries	Dan Johnson	Dick Szabo
Stewardship	Becca Piel	Kit Bowerman
Worship and Liturgical Arts	Tom Getzinger	Sharon Gurtel

Saint Andrew's Ministry Team

Church Phone: **425-746-2529**

The Reverend Lara Forbes, Lead Pastor

pastor@SALC.church | phone extension 12

The Reverend Timothy T. Weber, Shared-Time Pastor

timwebertt@yahoo.com

Dr. Will Simpson, Director of Music Ministries

will@SALC.church | phone extension 17

Doug Johnson, Director of Youth and Family Ministries

doug@SALC.church | phone extension 13

Sherry Grindeland, Fellowship Coordinator

sherry@SALC.church | phone extension 16

Susan Hegedus, Communications Specialist

susan@SALC.church | phone extension 15

Kurt Lutterman, Facilities Manager

kurt@SALC.church | phone extension 11

Mary Mills, Office Administrator

mary@SALC.church | phone extension 10

Alex Engan, Facilities Set-up

Elaine Koga, Choir Accompanist

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

Vanessa Wilkie, Handbell Choir Director

Samaritan Center of Puget Sound

Dr. Neal Teng, Counselor

206-957-4708

Serving in Our Community

We have many in our congregation family who serve on boards and commissions in our community. Some of those who serve are:

Judy Gowdy

Board Member, KidVantage

Carolynn Ferris

Board President, Imagine Housing

Chair, City of Bellevue Planning Commission

Tom Getzinger

Registrar, Performing Arts Festival of the Eastside

Judy Thiel

President, Eastside Music Festival Foundation

Sherry Grindeland

Board Member, Eastside Heritage Center

Matt Camrud

Past President, The Rotary Club of Bellevue

Bill Brueggemann

President, Bellevue Youth Choirs

Kurt Lutterman

Member, City of Bellevue Environmental Services Commission

Mary Mills

Tutor for K-12 students for the King County Library System

Please let us know how you serve in our community!



The due date to submit items for the next issue of
the VOICE is **April 15**

Email submissions to Susan Hegedus, susan@SALC.church



2650 148th Avenue SE, Bellevue, WA 98007
 www.SALC.church
 425-746-2529

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Mission and Values

Mission:

Growing Together In Christ to Love and Serve All People

Values:

Worship: Responding to God's gift of Grace through Word and Sacrament, with praise, prayer and music. *Ephesians 5:18b-20, Romans 12:1*

Discipleship: Nurturing the growth of Christian faith in all ages as we learn from and follow Jesus. *Colossians 1:10, 2 Timothy 3:14-17*

Outreach: Serving and loving our neighbors with generosity and justice by sharing of our gifts from God. *Mark 10:43-45, Matthew 25:35-40*

Relationship: Living as a compassionate community sharing God's forgiveness and acceptance of all. *John 13:34-35, Colossians 3:12-14*

Sunday Worship Services | 10:00 am
 In-person and Livestream: salc.church/media

Church Office Hours
 Monday through Thursday | 9:00 am—3:00 pm

425-746-2529
<https://SALC.church> | info@SALC.church

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 YouTube: youtube.com/c/saintandrewslutheranchurch

Saint Andrew's is a **Reconciling in Christ** congregation. Living into our mission of growing together in Christ to love and serve all people, we welcome and include everyone, regardless of sexual orientation, gender identity/expression, race, culture, neurodivergence, ability, age, addiction, relationship status, economic circumstances, or other distinction. See our full welcoming statement at salc.church/about-us.



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