

Third Sunday in Lent

GATHERING

*Welcome to Worship at Saint Andrew's!
As we prepare for worship, we invite you to a time of silence and focus.
Please remember to silence all electronic devices.*

C Congregation
A Assisting Minister
P Pastor

PRELUDE *Andante* [J.S. Bach]
Karin Islip, violin; Will Simpson, organ

WELCOME Pastor Lara

- P** As we gather this morning, we remember that we are a community even in the times we can't be together in the same space.
- C** **We remember that, wherever we are, we are a community connected to each other through Christ's love for us.**

HYMN *Praise the One Who Breaks the Darkness* bulletin page 12

PRAYER OF THE DAY

WORD

ANNOUNCEMENT OF THE GOSPEL

- P** The Holy Gospel according to John.
- C** **Glory to you, O Lord.**

GOSPEL John 4:5-42 (*amended*)

- P** The Gospel of the Lord.
- C** **Praise to you, O Christ.**

SERMON Pastor Lara

MUSICAL INTERLUDE *Ornament of Grace* [Bernhard Sanders]
Karin Islip, violin; Will Simpson, organ

Congregation stands.

AFFIRMATION OF FAITH

A Trusting in God's baptismal promises,
we affirm our faith using the words of the Apostles' Creed.

C **I believe in God, the Father Almighty,
Creator of heaven and earth.**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead. On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.**

THE PRAYERS

A Hear us O God.

C Your mercy is great.

THE PEACE

P The peace of Christ be with you.

C And also with you.

If you are at home, we encourage you to post the peace on a social media platform.



WORDS OF INSTITUTION

THE LORD'S PRAYER

C **Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

**For the kingdom, the power, and the glory are yours,
now and forever. Amen.**

INVITATION TO COMMUNION

COMMUNION DISTRIBUTION

PRAYER AFTER COMMUNION

S E N D I N G

BLESSING

SENDING HYMN *Come to Me, All Pilgrims Thirsty* bulletin page 13
Stanzas 1-4

SENDING (*dismissal*)

A Go in peace. Share the good news.

C **Thanks be to God!**

POSTLUDE

PARTICIPANTS

Presiding Minister Pastor Lara Forbes

Director of Music Ministries/Organist Dr. Will Simpson

Assisting Minister Sharon Gurtel

Altar Guild Phillip Misner

Lectors Dick Swaisgood Sharon Gurtel

WELCOME to WORSHIP

WELCOME TO LIVESTREAM WORSHIP: It is our joy to welcome you to worship today, from wherever you may be viewing. We give thanks for whatever brought you, and pray that you may experience the love of God surrounding you and upholding you as we gather together virtually to give thanks to God through Word and Sacrament.

COMMEMORATIONS:

Patrick, bishop, missionary to Ireland, died 461 March 17

A native of Britain, Patrick was kidnapped by pirates at age sixteen and sold into slavery in Ireland. After a few years, he escaped, returned home, and entered the ministry. Returning to Ireland, he successfully served as a bishop and missionary there.

Joseph, Guardian of Jesus March 19

Though the Bible tells us little about the husband of Jesus' mother Mary, we know that he was a carpenter or builder by trade. He is also shown as being devoted both to God and to Mary and Jesus. It is assumed that he died before Jesus became an adult.

Thomas Cranmer, Bishop of Canterbury, martyr, died 1556 March 21

Cranmer's lasting achievement is contributing to and overseeing the creation of the Book of Common Prayer, which remains (in revised form) the worship book of the Anglican Communion. He was burned at the stake under Queen Mary for his support of the Protestant Reformation.

TODAY ~ MARCH 15

SUNDAY DISCIPLESHIP HOUR...9:45 AM

Please note that there are no Discipleship Hour classes today. The church is closed.

FELLOWSHIP

NAVAJO MISSION TRIP ~ MARCH 2020: A Team from Saint Andrew's is serving at Navajo Evangelical Lutheran Mission in Arizona **March 15-21, 2020**. The Team will help with various projects: construction to renovate an apartment to be ADA compliant, tutoring, preparing and serving meals, and establishing relationship with children at the mission school and the Navajo community. The Mission Team (*Becca Piel, Bill Brueggemann, Kathy Brueggemann; Dave Grindeland, Sherry Grindeland, Dick Szabo, Debbie Szabo, Roger Oeffner, John Donhowe, Tricia Donhowe, Karen Grams, Joan Tweten, Jean Wahlstrom, Marvin Kananen, Michele Vossler*) and NELM thanks you for your prayers.

LENTEN OUTREACH ~ ITEMS FOR PERSONAL CARE KITS

The Health and Wholeness Ministry is collecting articles to be put into Personal Care Kits for Lutheran World Relief. The kits are sent to areas of the world where emergency supplies are needed. Our goal is to fill **170 kits!** You can help us fill these kits by donating the items listed below. Please bring in items anytime and place all items in the designated basket near the elevator in the Narthex.

- **Combs**, large sturdy
- **Metal nail clippers**
- **Bars of soap**, 4 or 5 ounce bars in original packaging
- **Toothbrushes**, adult size
- **Bath Towels**, size 20"x40" - 27"x52", dark color, lightweight

PRAYER PARTNERS FOR LENT: Praying for someone else is a blessing to another person as well as enriching to our own spiritual journey. Pray for your prayer partner throughout Lent.

SIGN-UP....

- for **Conversations with Pastor Lara**. Sign up online at <https://salc.church/conversations-with-pastor-lara> or by contacting Fellowship Coordinator Sherry Grindeland, sherry@SALC.church or 425-746-2529.
- to be an **usher, greeter, lector and/or coffee host**. Sign up by contacting Fellowship Coordinator Sherry Grindeland, sherry@SALC.church or 425-746-2529.
- God Squad youth (grades 9-12): to go to Holden Village **May 22-24**. Sign up online at salc.church/event/god-squad-holden-youth-weekend, or contact Fellowship Coordinator Sherry Grindeland, sherry@SALC.church or 425-746-2529.

THIS WEEK ~ MARCH 16 - MARCH 21**TUESDAY, MARCH 17****TUESDAY MORNING MEN - NO MEETING**

Please note that Tuesday Morning Men have suspended their meetings for now. If you have questions, please contact Dick Swaisgood.

WEDNESDAY, MARCH 18

CANCELED - LENTEN MID-WEEK WORSHIP: Please note that Lenten Soup Supper and Mid-week Worship are **CANCELED** for **March 18**.

NEXT SUNDAY ~ MARCH 22**WORSHIP**

LIVESTREAM ONLY: Please log on and worship via livestream. Details and links will be emailed to the congregation this week. ***The church will not be open for worship.***

Sunday, March 22: Fourth Sunday in Lent

1 Samuel 16:1-13; Psalm 23; Ephesians 5:8-14; John 9:1-41

SUNDAY DISCIPLESHIP HOUR...9:45 AM

Please note that there are no Discipleship Hour classes today. The church is closed.

COMING UP

PLEASE NOTE THAT ALL ACTIVITY SCHEDULES ARE SUBJECT TO CHANGE.

SUNDAY DISCIPLESHIP HOUR...9:45 AM

MARCH 29 -- No Discipleship Hour Classes.

FELLOWSHIP

FIRE FORCE RETREAT: Originally scheduled for March 27-29, this Retreat has been **POSTPONED.**

LENTEN MID-WEEK WORSHIP - CANCELED:

Please note that Lenten Mid-week Soup Suppers and Worship are **CANCELED** for Wednesdays, **March 25 and April 1.**

CONGREGATIONS FOR THE HOMELESS (CFH) ROTATING SHELTER PROGRAM: Saint Andrew's is hosting the CFH men's rotating shelter (30 - 35 men) from 7:00 pm - 7:00 am every night until **April 1.**

GETTING TO KNOW PASTOR LARA:

Join us for some small group gatherings over the next couple months as we welcome Pastor Lara Forbes to Saint Andrew's. The get-togethers are limited in size so there will be time for good conversations. Sign up on the Narthex bulletin board or online at <https://salc.church/conversations-with-pastor-lara>. Questions? Contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or sherry@salc.church.

All of these gatherings will be in 322/Conference Room

- Wednesday, **April 1**: 10:00 am - 11:30 am
- Saturday, **April 18**: 10:00 am - 11:30 am
- Wednesday, **April 22**: 7:00 pm - 8:30 pm

HOLY WEEK begins April 5:

- **Palm Sunday, April 5**
Worship, 8:30 am and 11:00 am
Discipleship Hour, 9:45 am
- **Maundy Thursday, April 9**
Worship, 12:15 pm and 7:00 pm
- **Good Friday, April 10**
Worship (no Holy Communion), 7:00 pm
- **Easter Sunday, April 12**
Worship, 8:30 am and 11:00 am

GOD SQUAD (GRADES 9-12) HOLDEN

VILLAGE WEEKEND: The May Youth Weekend at Holden Village is Friday-Sunday, **May 22-24**. Contact Fellowship Coordinator Sherry Grindeland, sherry@SALC.church, for information.

VACATION BIBLE SCHOOL (VBS)!

Our theme is "**Incredible Kids—Then and Now!**" VBS is Monday-Friday, **July 13-17, 2020**. Classes are for ages Pre-School to 7th grade. Before and After Childcare available for Saint Andrew's members. Contact Mary Davis or Beth Donahoe for more information.

ALL-CHURCH RETREAT DATE RESERVED:

Mark your calendars for the Saint Andrew's Lutheran Church Annual All-Church Retreat at Mount Rainier, **August 20-24**. Planned activities will be scheduled Friday-Sunday, **August 21-23**. For information, contact Fellowship Coordinator Sherry Grindeland, sherry@SALC.church or 425-746-2529.

ONGOING OPPORTUNITIES

CORNER OF BLESSING/HOPELINK: Each month, we collect specifically asked for items in the Corner of Blessing. In March, we are collecting non-food items for Hopelink: **toilet paper** (any size package), **feminine products** (pads and tampons, packages of about 30 - 40), **shampoo** (about 12 to 30 ounces - not travel size), **laundry detergent** (about 50 ounces), **dish soap** (about 20 to 30 ounces), **toothbrushes** (individually packaged), and **toothpaste**. For more information, contact Debbie Szabo.

DIRECTOR OF YOUTH AND FAMILY MINISTRIES: Saint Andrew's is actively seeking and accepting applications for the position of Director of Youth and Family Ministries. Details, including a complete job description, can be found at www.salc.church/portfolio/job-openings. Please spread the word!

DRIVERS NEEDED FOR FOOD DELIVERIES: Saint Andrew's is a distribution hub for weekly deliveries of meals for Chicken Soup Brigade (Lifelong). Meals and groceries are picked up at Saint Andrew's and delivered to homebound chronically ill individuals on the Eastside, providing them with needed nourishment. The delivery window is 3:00 pm to 6:00 pm on **Thursday afternoons** with around 2 to 4 stops, usually taking about 1 1/2 hours. We are in need of additional volunteers to be substitute drivers and cover weeks where regular volunteers are on vacation or cannot serve. Training provided. Contact Outreach and Servant Ministries Committee interim chair Dick Szabo.