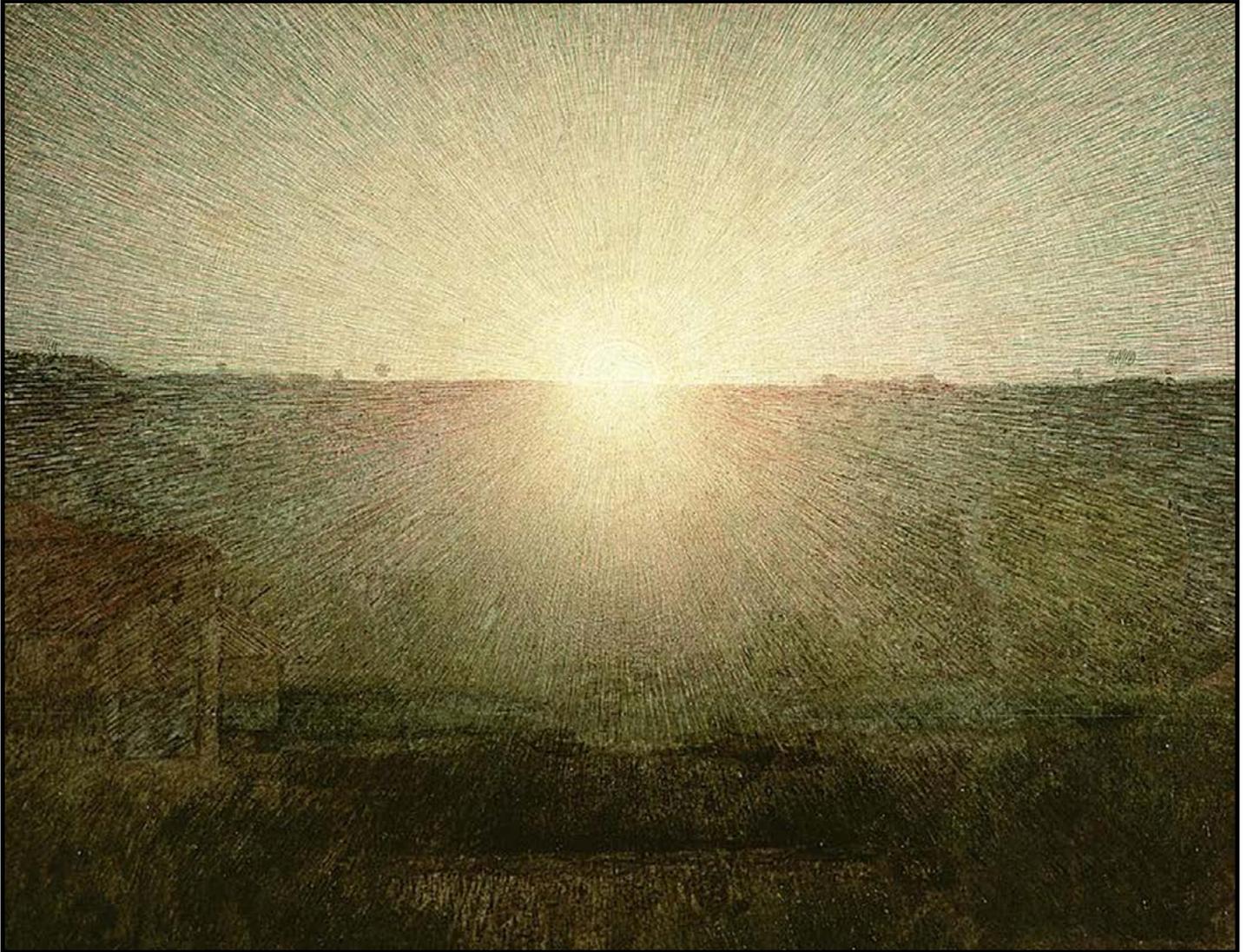


**February 7, 2021**  
**9:30 am**

# *Fifth Sunday after Epiphany*



*The other readings for today are Psalm 147:1-11, 20c and 1 Corinthians 9:16-23. You are encouraged to read these lessons prior to worship or during the week.*

Cover Image: "Il Sole" (The Sun) by Giuseppe Pellizza da Volpedo,  
Public domain, via Wikimedia Commons.

## WELCOME!



**WELCOME TO LIVESTREAM WORSHIP:** It is our joy to welcome you to worship today, from wherever you may be viewing. We give thanks for whatever brought you, and pray that you may experience the love of God surrounding you and upholding you as we gather together online to give thanks to God through Word and Sacrament.



**During this heightened time of awareness and prevention** regarding Coronavirus, we would like to let you know.....

- As part of normal practices, the Altar Guild washes hands prior to preparing the Communion supplies and ensures that common use items are cleaned for use weekly.
- In addition to these practices, the Altar Guild is also:
  - ◊ sanitizing trays and bowls before and after services.
  - ◊ wiping down the altar, railing, and baptismal font before and after services.
- Communion is set for each worship participant at physically distanced locations in the Sanctuary.
- Worship participants wash hands and use hand sanitizer before, during, and after worship.
- At the Peace, we share a verbal "Peace be with You" to maintain physical distancing.
- We are wiping down "common touch" areas in the Sanctuary, such as the armrests and tops of pews, before each service.
- Hand sanitizer is available throughout the building for use.
- Frequent and thorough handwashing is encouraged.
- "Common touch" areas are being sanitized daily.
- Furnaces are running full-time to help filter the air in the building.



**HOLY COMMUNION** is God's Word of love made visible in bread and wine.

At Communion Distribution, the **BREAD** is gluten free.

**RED WINE** is offered by individual cup. **WHITE GRAPE JUICE** is offered by individual cup.



**WE WELCOME CHILDREN IN WORSHIP** and offer a variety of resources to include them:

- "Younger Disciples Tips" are in the bulletin with ideas about how to engage children in worship.
- "A Time for Younger Disciples" during worship invites all children to listen to a message.
- Links to download and print an activity sheet for Sunday are in each week's *Trendings* eNews.

February 7, 2021

Order of Worship

9:30 am

# *Fifth Sunday after Epiphany*

## GATHERING

**C** All  
**S** Singer  
**P** Pastor

*Welcome to Worship!*

*As we prepare for worship, we invite you to a time of silence and focus.*

*Find a comfortable place in your home for worship.*

*Get some crackers or bread and something to drink so that we can share Communion.*

*Light a candle if you have one.*

**PRELUDE** *Einsame Blumen (Lonely Flowers)* [Robert Schumann]  
 from "Forest Scenes"  
 Hillary Nordwell, piano

**WELCOME** Pastor Lara

**HYMN** *Oh, for a Thousand Tongues to Sing* ELW Hymn 886

### **CONFESSION AND FORGIVENESS**

### **APOSTOLIC GREETING**

**S** The Grace of our Lord Jesus Christ, the love of God,  
 and the communion of the Holy Spirit be with you all.

**C** And also with you.

**HYMN OF PRAISE** ELW page 213

### **PRAYER OF THE DAY**

**A TIME FOR YOUNGER DISCIPLES** Pastor Lara

# W O R D

**READING** *(recorded)*

Isaiah 40:21-31

The Word of God.

**Word of Life.**

**MUSICAL INTERLUDE**

*Younger Disciples Tip: If you have a Spark Story Bible, this story is on page 256.*

**ANNOUNCEMENT OF THE GOSPEL** *(recorded)*

The Holy Gospel according to Mark.

**Glory to you, O Lord.**

**GOSPEL** *(recorded)*

Mark 1:29-39

The Gospel of the Lord.

**Praise to you, O Christ.**

**SERMON** *(recorded)*

Bishop Shelley Bryan Wee

**HYMN**

*On Eagle's Wings*

ELW Hymn 787

Singer sings Stanzas

Congregation sings Refrain

**AFFIRMATION OF FAITH**

Apostles' Creed

Trusting in God's baptismal promises,  
we affirm our faith using the words of the Apostles' Creed.

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord,**

**who was conceived by the power of the Holy Spirit,**

**born of the Virgin Mary,**

**suffered under Pontius Pilate, was crucified, died, and was buried;**

**he descended to the dead.**

**On the third day he rose again;**

**he ascended into heaven, he is seated at the right hand of the Father,**

**and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,**

**the holy catholic Church, the communion of saints,**

**the forgiveness of sins, the resurrection of the body,**

**and the life everlasting. Amen.**

*Younger Disciples Tip ~ Prayers/Offering: Invite children to write down who they want to pray for this week and one way they can serve their family/community.*

### **THE PRAYERS**

**S** Hear us, O God.

**C** Your mercy is great.

### **THE PEACE**

**P** The peace of Christ be with you always.

**C** And also with you.

*If you are at home, we encourage you to post the peace on a social media platform.*

### **ANNOUNCEMENTS**

Pastor Lara

### **OFFERING**

*Sonata in C Major, Op. 40 No. 1* [Jean-Baptiste Bréval]

*II. Rondo grazioso*

Melanie Grad, cello; Hillary Nordwell, piano

### **OFFERTORY PRAYER**

## **M E A L**

*Younger Disciples Tip ~ Communion: If you have a Spark Story Bible, have your children follow along on page 465. The Lord's Prayer is on page 280.*

### **INVITATION TO COMMUNION AND COMMUNION DISTRIBUTION**

### **THE LORD'S PRAYER**

**C** Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours,  
now and forever. Amen.

### **PRAYER AFTER COMMUNION**

## S E N D I N G

*Younger Disciples Tip ~ Blessing: Mark the sign of the cross on your child's forehead as a reminder of this sending blessing.*

### **BLESSING**

**P** God the creator strengthen you; Jesus the beloved empower you; and the Holy Spirit the comforter ☩ keep you in peace.

**C** Amen.

**SENDING HYMN**     *Spread, Oh, Spread, Almighty Word*     ELW Hymn 663

### **SENDING** (*dismissal*)

**S** Go in peace. Be the light of Christ.

**C** Thanks be to God!

### **POSTLUDE**

*Herberge (Shelter)*     [Robert Schumann]  
*from "Forest Scenes"*  
Hillary Nordwell, piano

## PARTICIPANTS

*Presiding Minister* Pastor Lara Forbes

*Preaching Minister (recorded)* Bishop Shelley Bryan Wee  
Northwest Washington Synod of the ELCA

*Director of Music Ministries/Organist* Dr. Will Simpson

*Altar Guild* Karin Eklof

*Lector (recorded)* Anne Carr

*Singers* Anna McLeod, Doug Johnson

*Cello* Melanie Grad

*Piano* Hillary Nordwell

*Audio/Visual* Sharon Gurtel, Johannes Grad

## WELCOME to WORSHIP

### COMMEMORATIONS:

**Cyril, monk, died 869**

February 14

**Methodius, bishop, died 885; missionaries to the Slavs**

These two brothers from Thessalonika, Greece, were monks and were sent to bring Christianity to the Slavic people. In the course of their work they created a written language, inventing the Cyrillic alphabet for it, and translated the Bible and the liturgy.

## SHARING GOD'S GENEROSITY ~ STEWARDSHIP

### CURRENT OPPORTUNITIES

Our focus this year is **generosity**, a celebration of a generous God and our response as God's people. As we grow together in Christ to love and serve all people, we learn how to live and share those blessings. The source of our focus comes from ELCA's Generosity Project, a year-round stewardship program developed for congregations. We continue with monthly Generosity Lessons that families can share at home together. Each lesson features sections on "We Welcome", "We Gather", "We Hear", "We Share", "We Send", and "We Live". Find the **February 2021** lesson at <https://salc.church/stewardship#lesson>

Stewardship Committee members **Scott Lester and Darcy Johnson have recorded a video update** about stewardship for the congregation. You can watch it at <https://salc.church/video-update-about-stewardship>

## SUNDAY ~ FEBRUARY 7

### EARLY SUNDAY MORNING DISCIPLESHIP...8:15 AM

#### EARLY SUNDAY MORNING STUDY ~ JOSHUA:

Sundays, **through February 21, 8:15 am**, via Zoom

Led by Marvin Kananen and Jean Wahlstrom

Who led the Israelites into the Promised Land? Who spied on the Philistines for Moses? Who followed Moses in leadership? The answer to all three questions is **Joshua**. Come Zoom with us at **8:15 am**. It's an open format discussion but you need to sign up to get the Zoom link. All are welcome!

To sign up, visit <https://salc.church/sunday-morning-bible-study>.

### SUNDAY DISCIPLESHIP HOUR...10:45 AM

#### AFFIRMATION OF BAPTISM AND CONFIRMATION:

Sundays, **10:45 am**, via Zoom,  
for youth in grades 7-8

The Affirmation of Baptism and Confirmation (ABC) class prepares Saint Andrew's youth to understand and affirm their faith. A Zoom link has been sent directly to families.

#### DISCIPLESHIP HOUR FORUM: ESTATE PLANNING Q-and-A

Sunday, **February 7, 10:45 am**, via Zoom

Facilitators: Marc Bateman and Elizabeth Bateman

Bateman Law Group, PLLC, is a law firm comprised of the father-daughter team, Marc and Elizabeth Bateman, whose practice focuses on estate planning, estate and trust administration, guardianships and trust and estate litigation. This Forum is a follow-up to their January 17 Forum. They will complete their presentation and answer questions you may have. Note: this Forum will not be recorded.

If you signed up or attended the January 17 Forum, the link will be sent to you.

If you did not attend on January 17, you are welcome to join this Forum; sign up online at <https://salc.church/discipleship-hour-forums-sign-up> no later than Saturday, **February 6**.

**DISCIPLESHIP HOUR FORUM RECORDINGS:** Audio and video recordings of past Discipleship Hour Forums can be found at <https://salc.church/discipleship-hour-adults-page>. Scroll to "Discipleship Hour Recordings".

## FELLOWSHIP

**ASHES AVAILABLE:** Ash Wednesday worship on **February 17** will include the imposition of ashes. There will be ashes available for you to pick up at the church on Sunday, **February 7**, from **12:00 noon - 1:00 pm**. If you would like ashes but are unable to pick them up at that time, please contact the church office, info@salc.church or 425-746-2529, to make other arrangements.

**MID-WINTER BREAK ACTIVITY BAGS:** Parents, especially those with elementary children: we know that the Mid-Winter Break is coming and we want to support you and your families during this time. On Sunday, **February 7**, from **12:00 noon to 1:00 pm**, come to the church parking lot and pick up a grab bag full of goodies and activities for both your kids and you! Included for each elementary family is a book addressing when we can play again. No need to sign-up, just show up and get your goodies. Questions: Contact Beth Donahoe.

**SUNDAY CHURCH SCHOOL BLESSING BAGS:** Sunday Church School teachers have prepared NEW "Blessing Bags" for children that will continue remote Sunday School learning. In each student's bag are the leaflets with activities that go with the Gospel lesson for upcoming Sundays. Pick up these Blessing Bags on Sunday, **February 7**, from **12:00 noon - 1:00 pm** in the church parking lot. If you cannot get your bag(s) on February 7, please contact the church office, info@salc.church or 425-746-2529, to make other arrangements.

**SOUPER BOWL of CARING:** The Souper Bowl of Caring is a nation-wide effort to make a difference for those in our communities who are dealing with hunger. It is transforming the time around the Super Bowl into one of the nation's largest celebrations of giving and serving. This is an important opportunity to make a difference in our community. So, at Saint Andrew's, the entire month of February will be SOUPER Bowl of Caring Month.

This effort was started in 1990 by a youth group at a church thinking that Super Bowl Sunday could be more than people gathering, eating a bunch of junk food and watching a football game. They felt it could also include remembering their neighbors who didn't have a bowl of soup to eat.

Over the past six years we have collected tons of food and thousands of dollars to help our hungry neighbors. But this year when the need is the greatest, the challenge for us to help is significantly harder. We are not gathering at church to be able to collect food. And right now, to keep both the volunteers and clients at Hopelink safe, they are not accepting any donations of food. The only way we can help this year is with monetary donations. So, throughout February, you can send (or deliver) a check made out to Saint Andrew's with "Souper Bowl of Caring" or Souper Bowl" on the memo line.

Another option - Today, **February 7**, Super Bowl Sunday, between **12:00 noon and 1:00 pm**, many will be coming to the church parking lot to pick up ashes, activity bags, and Sunday School bags. At that time there will be a Soup Pot to collect Souper Bowl of Caring donations.

Our collection will go to help the Hopelink Food Bank continue to provide thousands of boxes of food every week to those in our neighborhoods dealing with hunger. This year, together, we can make a much-needed impact.

For more information on the SOUPER Bowl of Caring event and to see some of your friends hard at work during past events (it might even include you!), check out the "Virtual SOUPER Bowl of Caring" video at <https://www.youtube.com/watch?v=AINjBa9gYD8>.

## SIGN-UPS

**To sign-up for events and activities:**

- Use the link provided in the event/activity announcement, OR
- visit **[www.salc.church/forms-resources](http://www.salc.church/forms-resources)** and select the desired button, OR
- contact Susan Hegedus, susan@SALC.church or 425-746-2529, and she will sign you up.

**THIS WEEK ~ FEBRUARY 8 - FEBRUARY 13****TUESDAY, FEBRUARY 9****TUESDAY MORNING MEN:**

Every Tuesday, **8:30 am**, via Zoom  
 Facilitator: Dick Swaisgood  
 All men are invited to gather via Zoom on Tuesdays with Saint Andrew's Men (SAM). We are reviewing and discussing articles from *Living Lutheran* magazine. If you feel inspired to join in the discussion, please fill your coffee cup, no dress code required, shaving is optional, and meet us online Tuesday mornings. Email Dick Swaisgood for instructions on joining this online meeting.

**MIDWEEK BIBLE STUDY:**

**Tuesdays, 10:00 am**, via Zoom  
 Pastor Lara leads this midweek Bible study that takes an in-depth look at the upcoming Sunday readings. We meet via Zoom at 10:00 am, but Pastor Lara "starts" the meeting at **9:45 am** so that you have time to check in with each other and get settled prior to our opening prayer. Sign up at <https://salc.church/midweek-bible-study> to get the Zoom link. We look forward to seeing you there!

**PARENT ZOOM MEETINGS**

Tuesday, **February 9, 8:00 pm - 9:30 pm**

Wednesday, **February 10, 1:00 pm - 2:00 pm**

**Parents of youth age birth through grade 12**, come and join in our new monthly Zoom meeting as a space for support and encouragement during this Pandemic. This is simply a space for the parents of Saint Andrew's to get support, offer encouragement, gather ideas, share struggles, and celebrate victories together. There are two opportunities to meet each month. You can join on the 2nd Tuesday of the month from **8:00 pm - 9:30 pm** or on the 2nd Wednesday of the month from **1:00 pm to 2:00 pm**. Join in at any time during the call. To sign-up, visit <https://salc.church/parent-zoom-meetings>. Questions, please reach out to Doug Johnson, [doug@salc.church](mailto:doug@salc.church) or 425-746-2529.

**WEDNESDAY, FEBRUARY 10****PRAYER PARTNERS FOR LENT:**

Sign up by **February 10**

Paul writes in I Timothy 2:8, "*I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people.*" Praying for others in our congregation strengthens our bonds and lifts us up as we pray. Prayer Partner participants are given the name of a Secret Partner to pray for during the season of Lent. A Prayer Partner could be someone we know, or someone we have never talked to or don't even recognize. To participate, sign up online at <https://salc.church/prayer-partners> no later than Wednesday, **February 10**, or contact Sherry Grindeland, [sherry@salc.church](mailto:sherry@salc.church) or 425-746-2529, and she will sign you up. You will be notified with your Partner's name and prayer requests before Ash Wednesday, **February 17**.

**W.E.B.S. (Women's Early Book Study):**

Wednesdays, through **February 10, 11:00 am**, via Zoom

Our Winter Session concludes this week. We are discussing the book ***Small Great Things*** by Jodi Picoult. We start with devotions and a prayer and end on time at **12:30 pm**. *All women are welcome* to join us as we share our experiences, impressions, and questions. Contact Cheryl Jurrus for a reading schedule and an invitation for Zoom.

**PARENT ZOOM MEETINGS**

Wednesday, **February 10, 1:00 pm - 2:00 pm**

**Parents of youth age birth through grade 12**, come and join in our new monthly Zoom meeting. Get support, offer encouragement, gather ideas, share struggles, and celebrate victories together. There are two opportunities to meet each month. Join in at any time during the call. To sign-up, visit <https://salc.church/parent-zoom-meetings>. Questions, reach out to Doug Johnson, [doug@salc.church](mailto:doug@salc.church) or 425-746-2529.

**HOW LUTHERANS INTERPRET THE BIBLE:**

**Wednesdays, 2:00 pm**, via Zoom or **Thursdays, 7:00 pm**, via Zoom (identical sessions)

Facilitator: Jean Wahlstrom

"*How Lutherans Interpret the Bible*" is a 7-session video series by Dr. Mark Allan Powell, a Lutheran pastor and Bible professor. This series invites exploration of important questions about Lutherans and the Bible, with presentation of a variety of Lutheran perspectives.

- **February 10/February 11:** Session 7 "Devotional Bible Reading"

Sign up online at <https://salc.church/discipleship-hour-forums-sign-up> no later than the day before the session so we can get the Zoom link emailed to you in time.

**THURSDAY, FEBRUARY 11****KNITWITS (Knitting as Witnesses):**

Thursday, **February 11, 1:00 pm**, via Zoom  
 Knitting as Witnesses (KnitWits) will gather via Zoom to check in, share ideas, and connect with each other. Bring your knitting and let us know what you've been working on. Contact KnitWits coordinator Dianne Chong or Communications Specialist Susan Hegedus, [susan@salc.church](mailto:susan@salc.church), to get the Zoom link for this meeting.

**YOUTH GAME ~ AMONG US:**

Thursday, **February 11, 6:00 pm - 8:00 pm**, via Zoom  
 Join us for our monthly Among Us game! All youth, **grades 6-12**, are invited for a fun game over Zoom. We will be playing in private games starting at 6:00 pm and ending no later than 8:00 pm. No need to sign up; just join in the Zoom call and be ready to play. Note that you will need to have downloaded the game onto your phone, tablet, or computer to be able to play. Questions: Reach out to Doug Johnson, [doug@salc.church](mailto:doug@salc.church) or 425-746-2529.

**HOW LUTHERANS INTERPRET THE BIBLE:**

Thursday, **7:00 pm**, via Zoo, Facilitator: Jean Wahlstrom

- **February 11:** Session 7 "Devotional Bible Reading"

This session is identical to the February 10 session.

**NEXT SUNDAY ~ FEBRUARY 14****WORSHIP****SUNDAY WORSHIP:** Worship is via **livestream on YouTube**, at **9:30 am**.

Details and links to bulletins and worship services can be found at <https://SALC.church/media>. As we continue to follow health, state, and synod guidelines, livestream only (no in-person) worship will continue until further notice.

**Sunday, February 14: Transfiguration of Our Lord**  
 2 Kings 2:1-12; Psalm 50:1-6; 2 Corinthians 4:3-6; Mark 9:2-9

**EARLY SUNDAY MORNING DISCIPLESHIP...8:15 AM****EARLY SUNDAY MORNING STUDY ~ JOSHUA:**

Sundays, through **February 21, 8:15 am**, via Zoom

Led by Marvin Kananen and Jean Wahlstrom

All are welcome to join this open format discussion of the book of **JOSHUA**. Come Zoom with us at **8:15 am**. Visit <https://salc.church/sunday-morning-bible-study> to sign up and get the Zoom link.

**SUNDAY DISCIPLESHIP HOUR...10:45 AM****AFFIRMATION OF BAPTISM AND CONFIRMATION:**

**Sundays, 10:45 am**, via Zoom,  
 for youth in grades 7-8

The Affirmation of Baptism and Confirmation (ABC) class prepares Saint Andrew's youth to understand and affirm their faith. A Zoom link has been sent directly to families.

**DISCIPLESHIP HOUR FORUM: LOVE IS LOVE**

Sunday, **February 14, 10:45 am**, via Zoom

Facilitators: Beth Donahoe and Pastor Rick Pribbernow of Open Door Ministries

"Love is Love" continues the Reconciling in Christ education process that was started in September. This Forum will give a brief history of the LBGTQ+ Community in the Church and society.

Sign up online at <https://salc.church/discipleship-hour-forums-sign-up> no later than Saturday, **February 13**.

## COMING UP

### WORSHIP

**SUNDAY WORSHIP:** Worship is via **livestream on YouTube**, at **9:30 am**.

Details and links to bulletins and worship services can be found at <https://SALC.church/media>. As we continue to follow health, state, and synod guidelines, livestream only (no in-person) worship will continue until further notice.

#### **ASH WEDNESDAY, FEBRUARY 17**

Worship, **12:15 pm**, via livestream on YouTube

Our Ash Wednesday service will be livestreamed at **12:15 pm**. The recording will be available immediately following worship so that you can watch and worship at your convenience.

**Ashes:** If you would like ashes, they will be available to pick up on **February 7**, from **12:00 noon - 1:00 pm** in the church parking lot. If that day/time is not convenient for you, contact the church office, [info@salc.church](mailto:info@salc.church) or 425-746-2529, to make other arrangements to get them.

**Prayer Cards:** There are also a limited number of Ash Wednesday prayer cards available. Please contact the church office to let us know if you would prefer to have one of these instead of ashes.

#### **MIDWEEK LENTEN WORSHIP ~ HOLDEN EVENING PRAYER**

Wednesdays, **February 24, March 3, March 10, March 17, March 24, 7:00 pm**, Livestream on YouTube  
A service of music, scripture, and devotional words that we pray will bring peace to the close of your day.

### EARLY SUNDAY MORNING DISCIPLESHIP...8:15 AM

#### **EARLY SUNDAY MORNING STUDY ~ JOSHUA:**

Sundays, through **February 21, 8:15 am**, via Zoom

Led by Marvin Kananen and Jean Wahlstrom

Come Zoom with us at **8:15 am** as we study the book of **Joshua**. All are welcome.

To get the Zoom link, sign up at <https://salc.church/sunday-morning-bible-study>.

### SUNDAY DISCIPLESHIP HOUR...10:45 AM

#### **AFFIRMATION OF BAPTISM AND CONFIRMATION:**

**Sundays, 10:45 am**, via Zoom

*for youth in grades 7-8*

The Affirmation of Baptism and Confirmation (ABC) class prepares Saint Andrew's youth to understand and affirm their faith. *Note:* Class does **not** meet on Sunday, **February 21**.

#### **DISCIPLESHIP HOUR FORUM:**

##### **LENTEN THEMES**

Sunday, **February 21, 10:45 am**, via Zoom

*Facilitator: Pastor Lara*

During Lent this year, we will explore the characteristics of community – what tears it down and also what builds it up. These characteristics are often present in many communities, including ones we read about in the Bible. Please join us to learn what some of these characteristics are and their effects.

#### **DISCIPLESHIP HOUR FORUM: RACIAL JUSTICE**

Sunday, **February 28, 10:45 am**, via Zoom

*Facilitators: Racial Justice Group Chairs Dick*

*Swaigood and Manda Schoen*

Please join the Racial Justice Group for this forum to hear more perspectives on why this work is important, why the group was created, and what our goals are.

**Sign up** for any or all forums online at <https://salc.church/discipleship-hour-forums-sign-up>.

Sign up no later than Saturday before the Forum so we can get the Zoom link emailed to you in time.

## FELLOWSHIP

**O.W.L.S. (OLDER WISER LUTHERAN SAINTS):**

Tuesday, **February 16, 11:45 am**, via Zoom  
**Just What Does a Lutheran Deacon Do?**  
 Find out when the O.W.L.S. gather online for socializing and a lunch meeting on Tuesday, **February 16. Deacon Dianne Johnson** of the Northwest Washington Synod will be the guest speaker. Wait – what’s a deacon? Do we have those in the Lutheran Church? Find out what Deacons do in the ELCA and specifically what Dianne does in the Northwest Washington Synod. You don’t need to be older or wiser to join this fun group. We gather via Zoom at **11:45 am** for conversation and check-in. The program begins at **12:00 noon**. Sign up at <https://salc.church/older-wiser-lutheran-saints-o-w-l-s>. Reservation deadline is **5:00 pm** Monday, **February 15**, so we can email you the Zoom link. For more information, contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or [sherry@salc.church](mailto:sherry@salc.church).

**ZOOM YOUTH GROUP:**

Wednesdays, **February 17** and **March 3, 5:00 pm**, via Zoom  
 All Youth, **grades 6-12**, are invited for Zoom Youth Group. We meet at **5:00 pm** two Wednesdays a month. For more information reach out to Doug Johnson, [doug@salc.church](mailto:doug@salc.church) or 425-746-2529. The Zoom link will be sent directly to youth and families.

**PRAYER PARTNERS FOR LENT:**

Sign up by **February 10**  
 To participate, sign up online at <https://salc.church/prayer-partners> no later than Wednesday, **February 10**, or contact Sherry Grindeland, [sherry@salc.church](mailto:sherry@salc.church) or 425-746-2529. You will be notified with your Partner’s name and prayer requests before Ash Wednesday, **February 17**.

**MIDWEEK SOUP AND FELLOWSHIP:**

Wednesdays, **February 24 - March 24, 6:00 pm**, via Zoom  
 Everyone is invited to gather via Zoom each Wednesday during Lent at **6:00 pm** for a dinner fellowship hour prior to our midweek Lenten Services. Bring your soup (or whatever your dinner choice may be) and join in for the fun and catch-up with other members of Saint Andrew’s. And if you don’t know what soup to make each week, don’t worry, we have that covered, too! Each week we will post a recipe with a how-to video with cooking instructions. To sign up for the Zoom information, visit <https://salc.church/lenten-midweek-soup-and-fellowship>. Questions: Contact Doug Johnson, [doug@salc.church](mailto:doug@salc.church) or 425-746-2529.

**YOUTH BOTANICAL GARDEN PHOTO SCAVENGER HUNT:**

Saturday, **February 27, 10:00 am - 12:00 noon**,  
*Bellevue Botanical Garden*  
 All youth in grades 6-12 are invited to join in our next group event, a photo scavenger hunt! Join us at the Botanical Garden on Saturday, **February 27**. Youth will be put into teams no bigger than four as they make their way through the Botanical Garden, taking pictures of their scavenger hunt clues. To sign-up, visit <https://salc.church/event/youth-botanical-garden-photo-scamenger-hunt> or if you need more information, please reach out to Doug Johnson, [doug@salc.church](mailto:doug@salc.church) or 425-746-2529.

**FIRST TUESDAY HAPPY (ONLINE) HOUR:**

Tuesday, **March 2, 5:00 pm**, via Zoom  
 Fellowship, friendship and conversation make any gathering a happy event. You don’t even need to get dressed up for this Zoom event. And you get to pick and provide your own snacks and libations. Sign up at [www.salc.church/online-happy-hour](http://www.salc.church/online-happy-hour) by **12:00 noon** on **March 2**. Questions? Contact Fellowship Coordinator Sherry Grindeland, 425-746-2529 or [sherry@salc.church](mailto:sherry@salc.church).

**CONGREGATIONS FOR THE HOMELESS ROTATING SHELTER:** Saint Andrew’s will host the Congregations for the Homeless (CFH) men’s rotating shelter program clients on a 24 hour per day, 7 days per week basis during the month of **March 2021**. Currently, there are 23 men in this program. In addition to providing space, Saint Andrew’s is responsible for providing breakfasts and supplies. Other churches have agreed to help with meals. We need shoppers to deliver perishable items like milk, frozen OJ, bagels, butter, and fresh fruit every two days. Nancy R. Davis will be scheduling shoppers on an every-other-day calendar. You will be contacted the day before with the list of items needed. Then just drop the items off at church. Contact Nancy to volunteer. You are needed and appreciated - thank you!

## ONGOING OPPORTUNITIES

### From the **RACIAL JUSTICE GROUP ~ FEBRUARY:**

*DID YOU KNOW?.....Anti-Black Racism remains an issue here in Bellevue even with a Black population of less than 4%?*

Racial slurs and attacks continue at our area high schools and are rarely effectively addressed to prevent recurrences even with a robust Equity Policy and anti-bias training. Read one student's perspective of her experiences at Newport High School in the *Seattle Times*.

<https://www.seattletimes.com/education/lab/student-voices-racism-in-the-bellevue-school-district-has-thrived-for-too-long/> .

The Racial Justice Group meets twice a month on the first and third Tuesdays. Find out more at <https://salc.church/racial-justice>. If you have questions or comments for the group, please contact Dick Swaisgood or Manda Schoen.

**POST-HOLIDAY CLEAN UP REMINDER:** Please return your Advent centerpiece/wreath bases to Fellowship Coordinator Sherry Grindeland. Recycling and reusing them each year defrays expenses and keeps them out of the landfills. To connect with Sherry for directions on how to return them, contact Sherry at 425-746-2529 or [sherry@salc.church](mailto:sherry@salc.church).

**2021 SYNOD ASSEMBLY:** The Northwest Washington Synod will hold the 2021 Synod Assembly online on Saturday, **May 15, 2021**. During this assembly there will be presenting of reports, voting on the Synod's budget, discussing resolutions, voting on constitutional and bylaw changes and electing leaders to various positions, as well as worshiping. Saint Andrew's allotment of lay voting members includes 2 females, 2 males, 1 youth (individual not yet 18 years old by May 15, 2021), and 1 young adult (individual 18 to 30 years old on May 15, 2021). It is necessary for each voting member to have access to their own computer and smart phone to participate in the meeting and the voting process. If interested in being a Saint Andrew's lay voting member, please contact Congregation President Art Gurtel, [artgurtel@comcast.net](mailto:artgurtel@comcast.net), as soon as possible.

## OUTREACH AND SERVANT MINISTRIES

### SAINT ANDREW'S OUTREACH MINISTRIES

Please remember in prayer these organizations we provide ongoing support for....

- **Lutheran World Relief (LWR):**
  - ◆ **Face Masks for Lutheran World Relief:** LWR continues to accept face masks and their partnering agencies welcome them! If you sew masks for LWR, you can bring them to church and we will mail them to LWR (drop them in the mail slot outside of the west door. Mark them for LWR.)
  - ◆ **Items for Personal Care Kits:** Please keep items at home until we can collect them.
- **Navajo Evangelical Lutheran Mission (NELM):** Our Team of volunteers served for a week last March at this Mission and School in Rock Point, Arizona. Please continue to pray for the NELM community, as the Navajo Nation has been severely impacted by the COVID-19 pandemic. The Mission continues to provide meals to children, seniors, and anyone who is hungry. Funds for the mission school can be provided through Box Top\$ for Education; use the digital app to scan your grocery receipts. Visit [www.nelm.org](http://www.nelm.org) to learn more and/or to donate directly to them.
- **Lutheran Community Services Northwest (LCSNW)** is collecting food and hygiene donations. For many of the multicultural families they serve, COVID-19 has had a devastating impact. The requests for food and hygiene products in their Resource Centers are significant, and they are asking for help to keep their community pantries stocked. Visit <https://lcsnw.org/office/north-puget-sound/> to learn more.
- **MaaSAE Girls Lutheran Secondary School (MGLSS) and The Plaster House in Tanzania:** MGLSS serves 350 students. The Plaster House is currently treating 50 children with 140 on the waiting list. Monetary support for these organizations can be sent to Saint Andrew's. Note the "MGLSS" or "Plaster House" in the memo line of your check.
- **The Sophia Way** continues to serve women in need of meals, shelter, and services. Visit [www.sophiaway.org](http://www.sophiaway.org) for ways to help. Monetary donations can also be made from the Saint Andrew's online giving page ([www.salc.church/giving-options](http://www.salc.church/giving-options) and press the "Donate" button), or via check to Saint Andrew's marked "The Sophia Way".
- **Lantern Hill, Mexico:** Please pray for the health and well being of the children and families of Lantern Hill. Lantern Hill is continuing to provide food staples every other week to the families of the children they serve and continuing to support the higher education of their graduates. Contributions can be sent directly to Friends of Lantern Hill, 1907 Buckingham Drive, Chesterfield, MO 63017; or you can contribute through Saint Andrew's, with "Lantern Hill" noted on your check.

- **Congregations for the Homeless** continues to serve men in need of meals, shelter, and services. Visit [www.cfhomeless.org](http://www.cfhomeless.org) for information on the best ways to help during this time. Monetary donations can also be made from the Saint Andrew's online giving page ([www.salc.church/giving-options](http://www.salc.church/giving-options) and press the "Donate" button), or via check to Saint Andrew's marked "Congregations for the Homeless".
  - ◆ **Volunteer in March 2021** when Saint Andrew's hosts the CFH rotating men's shelter. Contact Cheryl Jurrus or Nancy R. Davis for information and to sign up to help.
- **Hopelink:**
  - ◆ **SOUPer BOWL OF CARING: February 7** is Super Bowl Sunday, but the whole month of **February** is SOUPer Bowl of Caring month. To support this effort to help the hungry in our community, you can send a check made out to Saint Andrew's with "SOUPer Bowl" or "SOUPer Bowl of Caring" in the memo line.
  - ◆ **Monetary donations** provide the most flexibility and can be made from the Saint Andrew's online giving page ([www.salc.church/giving-options](http://www.salc.church/giving-options) and press the "Donate" button), or via check to Saint Andrew's marked "Hopelink", or directly to Hopelink.
  - ◆ **Amazon Wish List:** Hopelink has set up a wish list (with their greatest needs) through Amazon, where people can order items to be delivered directly to Hopelink. Click [Hopelink Wish List](#) for the link (or go to [https://smile.amazon.com/hz/charitylist/lp/APDBC9GDXAOP/ref=smi\\_ext\\_lnk\\_lcl\\_cl%20%20onclick=](https://smile.amazon.com/hz/charitylist/lp/APDBC9GDXAOP/ref=smi_ext_lnk_lcl_cl%20%20onclick=) ) The link can also be accessed through Hopelink's website: [www.hopelink.org/how-help-hopelink](http://www.hopelink.org/how-help-hopelink). At checkout, select the Hopelink Gift Registry address.

**WEEKLY PLANNER: FEBRUARY 7 - FEBRUARY 14**

<b>Sunday</b>		<b>Fifth Sunday after Epiphany</b>	
February 7	8:15 am	Early Sunday Morning Bible Study	online
	<b>9:30 am</b>	Sunday Worship	Livestream via YouTube
	10:45 am	ABC (Affirmation of Baptism and Confirmation)	online
	10:45 am	Discipleship Hour Forum	online
	12:00 noon - 1:00 pm	Pick up Mid-Winter Break Activity Bags	Parking Lot
	12:00 noon - 1:00 pm	Pick up Ashes	Parking Lot
	12:00 noon - 1:00 pm	Pick up Sunday School Blessing Bags	Parking Lot
<b>Monday</b>		OFFICE CLOSED	
February 8	1:00 pm	Saint Andrew's Staff	322/Conference Room
	7:00 pm	Congregation Council	online
<b>Tuesday</b>		OFFICE CLOSED	
February 9	8:30 am	Tuesday Morning Men	online
	10:00 am	Midweek Bible Study	online
	8:00 pm	Parent Zoom Meeting	online
<b>Wednesday</b>		OFFICE CLOSED	
February 10	11:00 am	W.E.B.S. (Women's Early Book Study)	online
	1:00 pm	Parent Zoom Meeting	online
	2:00 pm	How Lutherans Interpret the Bible	online
	3:00 pm	CFH Host Team	online
<b>Thursday</b>		OFFICE CLOSED	
February 11	1:00 pm	KnitWits	online
	6:00 pm	Youth Game ~ Among Us	online
	7:00 pm	How Lutherans Interpret the Bible	online
<b>Friday</b>		OFFICE CLOSED	
February 12			
<b>Saturday</b>			
February 13			
<b>Sunday</b>		<b>Fifth Sunday after Epiphany</b>	
February 14	8:15 am	Early Sunday Morning Bible Study	online
	<b>9:30 am</b>	Sunday Worship	Livestream via YouTube
	10:45 am	ABC (Affirmation of Baptism and Confirmation)	online
	10:45 am	Discipleship Hour Forum	online

**SAVE THE DATE**

ongoing	Worship with Holy Communion, 9:30 am	Livestream via YouTube
ongoing	Fair Trade Coffee Available for purchase contact Sherry Grindeland	
ongoing	Pray in the Sanctuary, available Sunday-Friday	Saint Andrew's
February 16	O.W.L.S. (Older Wiser Lutheran Saints), 11:45 am	online
February 17	<b>Ash Wednesday</b> Livestream Worship, <b>12:15 pm</b>	Livestream via YouTube
February 17	Zoom Youth Group, 5:00 pm	online
February 24	Lenten Midweek Soup and Fellowship, 6:00 pm	online
	Holden Evening Prayer Worship, 7:00 pm	Livestream on YouTube

Please submit announcements for next Sunday's Bulletin no later than  
Wednesday, **February 10**, at 9:00 am. Email submissions to Susan Hegedus, [susan@SALC.church](mailto:susan@SALC.church)